



THE DUKE OF EDINBURGH'S
HILLARY AWARD

Time Requirements

	Service	Skills	Physical Recreation	Adventurous Journey
Bronze	3 Months	3 Months	3 Months	2 days 1 night
	Plus a further 3 months in either Service, Skill or Physical Recreation			Minimum of 6 hours Activity per day **
Silver	Each Section for 6 Months If a Direct Entrant (have not done Bronze) then two Sections for six months and one for 12 months			3 days 2 nights Minimum of 7 hours Activity per day **
Gold	Each Section for 12 months If a Direct Entrant (have not done Silver) then then two Sections for 12 months and one for 18 months.			4 days 3 nights Minimum of 8 hours Activity per day **
**	There are no compulsory minimum distances but for guidance an average group on a marked track should complete around 20kms at Bronze, 40kms at Silver and 65kms at Gold			
Gold only	Residential Project			
	Shared purposeful activity away from home for a total period of not less than five consecutive days (four nights away)			