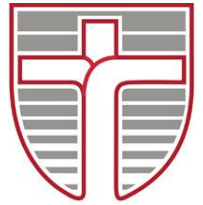




John Paul College, Rotorua

Whitworth Road, Rotorua. www.jpc.school.nz Ph: 07 3478 795 Fx: 07 3461 271
A WEEKLY NEWSLETTER FOR THE JOHN PAUL COLLEGE COMMUNITY
Term 2, Issue 18 6th June 2016



Ma te pono Me te aroha – Through Faith and Love
2016 School Theme : *Success is not final, Failure is not fatal.*
It is the courage to continue that counts ~ Winston Churchill

Dear Parents/ Caregivers
Kia Ora, Malo e Lelei, Talofa, Greetings

TIMETABLE and TEACHER CHANGES

I wish to advise that your child may experience timetable changes and new teachers these have been necessary due to the requirements of the Community of Learning, of which John Paul College is a member. There are also a few teachers on various forms of leave.

We endeavour to keep changes to a minimum and to ensure your child's learning is not compromised.

2017 ENROLMENTS: OPEN NIGHT

We are now accepting enrolments for the 2017 intake.

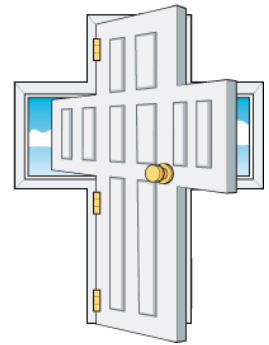
Application forms and information are available on the college website

www.jpc.school.nz.

The deadline for application is 1st July and enrolment interviews will be held in first two weeks of August.

Please email sue.rowles@jpc.school.nz if you have any enquiries.

OPEN NIGHT will be held on Thursday 16th June at 5.00pm commencing with tours of the campus



YEAR 13 LEVEL 3 EXCELLENCE ENDORSEMENTS

Congratulations go to the following students who have not only achieved their NCEA Level 3 but from the work that they have completed this year but have also had their NCEA Level 3 upgraded to an Excellence endorsement.

- Shelby-Samantha Hager
- Sarah Kolver

It is also pleasing to know that there are a number of other students in Year 13 who are close to achieving this success as well. These students will in due course also be rewarded with a Level 3 Excellence endorsement badge

SAFETY AFTER SCHOOL PRACTICES/HOMEWORK CENTRE

If you are picking up your child after school and particularly after 5pm, please ask them to wait under the bus shelter near the side exit to the school. This will protect them from the elements and unwanted attention from some pedestrians and motorists.

God bless
Patrick Walsh - Principal



PTA 2nd Hand Sale Thursday 9th June 3.30-4.30pm

At McKillop Campus

Cash/cheque only

Donations of unused, unwanted, laundered uniforms are gratefully appreciated and received for resale

UNIFORM SHOP

OPEN MONDAYS/WEDNESDAYS/FRIDAYS

8a.m to 4.p.m

CLOSED 11.30a.m-12.30p.m

Mrs C Constable - Uniform Shop Manager

E: Carolyn.constable@jpc.school.nz

The Homework Centre is open to all students on Mondays & Wednesdays

From 3.30-5.00pm

Following (provided) afternoon tea

Mrs M Stokes – Teacher in Charge

E: Margaret.stokes@jpc.school.nz

PLEASE RETURN TROPHIES NOW

Thank you to those who have returned their 2015 trophies/shields. There are still many outstanding. Please be considerate of this year's recipients and return asap

Please bring to the public reception



If your child has lost unnamed clothing please come to the student counter

to identify and collect.

A timely reminder to please name all clothing



TERM 2 EVENTS

JUNE

- 6 Queen's Birthday holiday
- 7 Art Trips (WL)
- 7-10 Religious Studies Assessment Wk (BF)
- 8 Yr 13 Share the Mission Present'n (BF)
- 9 Yr 10 Parish Mass (FB)
- 9-10 Stage Challenge
- Yr 13 Retreat (FB)
- 13 ICAS Writing (BD)
- 14 **PTA Meeting 7.30pm Board Room**
- 15 ICAS Spelling (BD)
- 15-16 Yr 11 Retreat (FB)
- 16 **OPEN NIGHT : 5p.m**
- 17 BOP Polytech Open Day (HS)
- 20-24 Yr 12 Retreats (FB)
- Attitude Presentations (NB)
- 24 Yr 13 Parish Mass (FB)
- Junior Reports Issued
- 27-1 Jul Yr 10 Retreats (FB)
- 28 Otago Uni Presentation (HS)
- Aquinas Sports Exchange (FA)
- Junior Parent Interviews

JULY

- 1 Senior Reports Issued
- Lincoln Uni Presentation (TBC) (HS)
- 4 Whanau Support Group Hui (PK) 5.30pm
- 4-8 Maori Language Week
- 5 Senior Parent Interviews
- 8 Teacher Only Day - End of Term 2**

Event	Date
Junior reports issued	Friday 24 th June
Junior Report Evening	Tuesday 28th June
Senior reports issued	Friday 1 st July
Senior Report Evening	Tuesday 5th July



Take the hassle out of parking at the

FIELD DAYS

Travel on the JPC bus –

Departing school at 7a.m Saturday 18th,
Returning from the Field Days about 2p.m

\$10 per seat

Spaces limited – registered with:

Sheryl.hewitson@jpc.school.nz

FUNDRAISER:
"BE WARM THIS WINTER":
FIREWOOD FOR SALE



The JPC 1st XV have 2.5 (approx) cubic metre trailer loads available for \$150.

All funds raised will go towards their trip to the Gold Coast to play in the Rugby Carnival in July

Contact Richard Haigh 021 773 444

RUGBY NEWS

Last weekend our rugby teams had a mixed bag of results.

The U14's played Whakatane High School. After a poor start Whakatane were leading 26 nil at halftime. JPC then battled back to narrowly lose 31 - 29.

The U15's also played Tauranga Boys and came out with a 27 - 7 win. The 1st XV played Mt Maunganui, who wanted to turn around their previous loss and came out with all guns blazing. An untidy, even affair, ending with JPC taking the win 17 - 12.

This weekend coming our rugby teams will be playing in divisions set by the BOPRU for the remainder of the season. They all have shown promise and we wish them well in having successful seasons.



UNIVERSITY OF WAIKATO GRADUATES

We congratulate past pupils who have recently graduated from the University of Waikato

Aynsley Dalton – *GradDipT – Teaching Secondary*
Brodie Mickleson – *Ba Management Studies 1st Class*
Ross Howard – *Ba Management Studies 1st Class*
Lachlan Iddles – *Ba Management Studies*
Alex Tressler – *Ba Management Studies*
Jonathan Parkinson – *Ba Teaching Primary*
Paige Temm – *Ba Teaching Primary*
Brooke Canning – *Ba Teaching Primary*
Nicole Lovegrove – *Ba Teaching Primary*
Matthew Clarke – *Ba Teaching – Primary*
Joshua Mack – *Ba Social Sciences*
Laura Phipps – *Ba Social Sciences*
Julian Trimbach – *Ba Social Sciences*
Jordana Bealing – *Ba Social Sciences*
Makarita Joseph - *Ba Social Sciences*

YOUNG AMBASSADORS PROGRAMME

Year 13 student, **Danielle Cooper**, has been selected to take part in a Young Ambassadors programme to France in September this year to commemorate the Battle of the Somme. Danielle is one of ten students chosen to take part.

The tour lasts two weeks and includes visits to historical and cultural sites in Eastern France and Belgium where New Zealand soldiers made a significant contribution to the war. Students will also take part in the World Youth commemoration on September, in collaboration with the New Zealand Embassy in France. In order to be selected, Danielle had to write an essay in French about why the Battle of the Somme was important to her.

Congratulations on this great achievement!

Hilary Clark (HOD International Languages)

1ST XI FOOTBALL- PREMIER NATIONAL CHAMPS QUALIFICATION REPORT

The 1st XI got their Premier National Champs qualification campaign back on track on Wednesday (1st) night with a hard fought 2-0 home victory over Hillcrest High from Hamilton.

In a game that could best be described as 'scrappy" JPC struggled to gain dominance despite racing to a two nil first half lead thanks to goals from Hamish Watt and Ryan "The Poacher" Heath.

No more goals came in the second half with JPC's goal keeper Jacob Kitson happy to keep a clean sheet.

The win puts JPC into 5th position on the top 8 competition ladder with the first four schools to qualify for premiers.

This week the team travels to Whakatane to play Trident High in another must win game.

The following week sees JPC up against competition favourites the Hamilton Boys High 1st XI.



The Football 1st XI would like to say a big thank you to Linley and Rob Parry of Rotorua McDonald's who have generously sponsored each team member a track suit jacket for the 2016 season. Their support is greatly appreciated and the team will do their utmost to justify the faith shown in them.

2016 University of Otago - Sheilah Winn Shakespeare Festival

This year John Paul College won both the regional 15 minute scene directed by Gabrielle Thurston and the 5 minute scene directed by Lucy Pepper at the Regional Festival so were selected to perform and compete at the 2016 National Festival held at the Michael Fowler Centre and St. James theatre in Wellington over Queens Birthday weekend.

The students who competed in the 15 minute scene were – **Aneesha Dahya, Samuel Purdie, Lucy Pepper, Priya Patel, Sophia Blatchford, Justyce Moala, Augustine Dube, Ellis Carrington, Olivia Philip, Corey Ainsworth, Theresa McLean, Eamon Walsh, Rosa Hook, Caleb Mason and Elsie Spiers.**

The students who competed in the 5 minute scene were **Eamon Walsh, Justyce Moala and Lucy Pepper** (Director)

John Paul College received three major awards

➤ **A Midsummer Night's Dream – Best use of Space**

➤ **Best recovery** – Ellis Carrington for stepping into the role of Hermia at the last moment due to a cast member being incapacitated

➤ **Comedy of Errors – Most Elizabethan Production Award**

We were delighted with these awards and felt privileged to represent Rotorua. I particularly would like to thank staff members Candy Visser and Sherry Brewer for the huge amount of work with the students involved and for ensuring our students had a safe and happy weekend. Thanks also to Mrs Hook who travelled to Wellington to support us at this prestigious annual event.

Gabrielle Thurston HoD Drama

2016 NZQA & SCHOLARSHIP FEES

The table below outlines candidate fees for NZQA and Scholarship qualifications.

Fees for domestic (non-international) students:

NCEA entry	\$76.70 per candidate
Each NZ Scholarship subject	\$30.00 per subject

Fees for International Fee Paying Students:

NCEA entry	\$383.30 per candidate
Each NZ Scholarship subject	\$102.20 per subject

Financial Assistance (domestic students only) can be provided if one of the following conditions is met:

- be receiving a Work and Income or StudyLink benefit or have a Community Services card
- have joint family income that qualifies for Community Services card
- have two or more children entered as candidates with fees more than \$200.

Financial application forms and information regarding financial assistance are available from school

(deb.lepper@jpc.school.nz) or on the NZQA website www.nzqa.govt.nz/financialassistance

Financial Assistance forms need to be completed by: **Friday 19th August**

Invoices will be sent out by the school and all fees need to be paid to the school no later than: **Friday 27th August**

Peter Sinclair: DP Curriculum



YOUNG NEW ZEALANDER OF THE YEAR

On May 24 2016 25 students from around New Zealand were invited to a Young New Zealander Award Ceremony in Parliament.

Five Overall winners were decided. Congratulations to Eamon Walsh who won *The Working for Youth Award*. These awards are given for outstanding service and leadership.

The Under 12 Waterpolo Tournament held in Auckland over Queen's Birthday weekend. The Rotorua Rebels team won a silver medal in division 2 and Jasmine Hagan and Ronan McKenzie were picked for the tournament team.

JPC team members:

Allie Clark, Jasmine Hagan, Zoe Stubbing and Ronan McKenzie

JPC team coaches:

Cullen Smith and Hana Stubbing

The Rotorua Rebels, U12 team also won the bronze medal at Nationals, division 2, in Tauranga earlier in the year where Ronan McKenzie was picked for the tournament team. Tait Bowater was picked for the tournament team at Nationals for division 3.



STAY SAFE ON THE ROADS



- Reduce speed **before** corners
 - Accelerate **slowly**
- Give yourself **plenty of room to stop** safely
 - Watch out for **shadows** i.e roads which receive no sun
 - Drive to the conditions
- **Plan your trip** with plenty of time



DRY BOXWOOD FOR SALE

\$250 /load – 9 m³ truck load

To be paid for on delivery

Free delivery within Rotorua limits
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U18 Girls team)

Phone: Ricky on 0272 728 499

Please phone Ricky for transport quote if
outside city limits

Limited to first 10 loads

CALLING ALL BUILDERS AND PLUMBERS..

Are you a builder or a plumber and prepared to allow a student to spend time with you as a Gateway (work experience) placement? If the answer is 'yes' please contact Pat Casey at pat.casey@jpc.school.nz or 347 8795 ext 8815. Learn more about the Gateway programme: <http://www.jpc.co.nz/en/NZ/our-school/careers-and-gateway/>



Matariki, the Maori New Year, has commenced

What is Matariki?

Matariki is the Maori name for a group of seven stars known as the Pleiades star cluster. Some people think of Matariki as a mother star with six daughters, and it is often referred to as the Seven Sisters.

Matariki appears in the eastern sky sometime around the shortest day of the year, and is thought to determine how successful the harvest crop will be in the coming season. The brighter the stars, the more productive the crop will be.

What does Matariki mean?

Matariki has two meanings, both of which refer to the cluster of stars. Mata Riki means Tiny Eyes, and Mata Ariki means Eyes of God.

When is Matariki celebrated?

Matariki begins to rise in the last few days of May, and this symbolises the coming of the Maori New Year. Some iwi (tribes) start celebrations when Matariki is first seen, however it is the first new moon after Matariki that officially signals the Maori New Year. Some people celebrate the New Year on the day the new moon rises, and others celebrate on the day after the new moon. Celebrations can last up to 3 days.

Why is Matariki important?

In years gone by, Matariki was thought to determine your crop for the coming season, and therefore it was important to recognise the part it played in nature's cycle. The disappearance of Matariki in Autumn, signaled the time to gather and preserve crops, and so was an important marker in the harvest calendar.

Nowadays, Matariki is seen as an important time to celebrate the earth, and show respect for the land on which we live.

How is Matariki celebrated?

Traditionally Matariki was celebrated by gathering with whanau (family) and reflecting on the past. The festival's connection to the stars provided an opportunity for families to remember their whakapapa (genealogy) and those ancestors who had passed away to the heavens. Offerings were made to land-based gods who would help provide good crops, and new trees were planted to signal new beginnings.

Many of these traditional celebrations are still practiced today, however there are many other ways that Matariki is celebrated also. Most celebrations focus around music, song, dance, food and family.

"CUPCAKES FOR CAMBODIA" Fundraiser

For a Lasallian school in the tiny village Po Thum, Cambodia.

Entry form from Mrs Bloomfield (\$3 entry fee)

Entries are to be brought in to the RSC Centre on Friday 17th June to be judged at lunchtime that day. The competition will be judged by our chef in residence Mr Davies and our previous winner Sarah Kolver.

1st prize is four full day passes to Rainbow's End.

On judging day, you can donate cupcakes you have made for sale on our cake stall or buy some yummy food off the International Food Festival stalls.



FROM THE CAREERS OFFICE

WAIKATO UNIVERSITY PARENTS INFORMATION EVENINGS - Millennium Hotel, Rotorua 23rd June / Bongard campus, Tauranga 30th June, 5 - 7:30pm for both events

We will also retain our usual Information Evenings later in Term 3 as well but these ones above have a slightly different focus in that they are less about highlighting the various benefits of studying with Waikato and more about making the transition to University study more understandable. We will cover such aspects as degree structure, timetables, finances, scholarships, accommodation and how university study differs to secondary school study. The purpose is to help parents to support their children in making a successful transition into tertiary study, whether they end up at Waikato or elsewhere. <http://www.waikato.ac.nz/study/information-sessions.shtml>

UNIVERSITY OF AUCKLAND: ENGINUITY DAY

The Faculty of Engineering at the University of Auckland is hosting Enginuity Day, an on-campus day for Year 13 girls. Enginuity Day will be held on **Thursday 7 July, 8:30am – 3:30pm** at the Faculty of Engineering, University of Auckland City Campus.

Register with Mrs Hewitson. Registrations close on Thursday 23 June

OTAGO UNIVERSITY

Information Evening for Students and Parents

Tuesday 28 June 2016, 6.00-8.00pm
Washington Room, Hotel Armitage, TAURANGA

This evening will cover:

An Otago Overview – What the University offers a student

Accommodation – Life in a Residential College

Admission, Scholarships and Costs

Study Options – Arts, Law, Business, Sciences, and Health Sciences

A Students Perspective

MASSEY UNIVERSITY OPEN DAYS

Manawatu – Wednesday 3 August 2016, 9am-2pm

Auckland – Saturday 20th August 2016, 10am -3pm

Wellington – Friday 26th August 2016, 8:30am – 1:30pm

Open Days are fantastic Opportunity to:

- Get excited about life as a university student
- Explore your course options and see how they fit with what you're passionate about
- Seek specific advice about the programme you wish to study from there expert academic advice team
- Attend presentations by their lectures
- Tour the campus and accommodation facilities
- Participate in hands-on workshops and interactive activities

For more information and to register go to: MASSEY.AC.NZ/OPENDAYS

See the Careers Office for more information

Mrs Sheryl Hewitson – Careers Advisor

Mrs Jan Thompson – Careers Assistant

E: Sheryl.hewitson@ipc.school.nz

E: jan.thompson@ipc.school.nz

UC EMERGING LEADERS' SCHOLARSHIPS* - CLOSE 15 August 2016

Head Boy or Head Girl Awards

For 2017, the University of Canterbury is offering up to 30 Emerging Leaders' Scholarships to the Head Boy or Head Girl of any New Zealand secondary school. Selection criteria include academic achievement (at least NCEA Level 2 at Merit level (or equivalent), leadership potential and involvement in sport, cultural and/or community activities.

Other categories for UC Emerging Leaders' Scholarships include All-Round Excellence Award, Maori Leadership Awards, Pasifika Leadership Awards, and Awards for students who demonstrate outstanding sporting achievement.

Students apply for the scholarship through the UC Scholarships website. Applications can be submitted online from the 20th June 2016. The closing date is 15th August 2015. To submit a scholarship application online, students need to first register for a myUC account through which to log-in to the site. Students Referees will also be invited to submit references through the online system.

We suggest students request references early on in the application period.

UC INTERNATIONAL FIRST YEAR SCHOLARSHIPS – CLOSE 15TH AUGUST

These scholarships recognise top achieving international students who will gain University Entrance from a New Zealand secondary school in the year of application. Selection criteria include academic achievement, leadership potential, involvement in sport, cultural/or community activities, and international experience. The current value of the scholarships is up to NZ\$20,000 towards payment of first year tuition fees.

For details on these and many more scholarships, visit www.canterbury.ac.nz/scholarships/.

Application Guidelines for First Year Scholarships

Eligibility criteria

Students must always check eligibility restrictions, such as gender, age, nationality, indigenous or other special group and only apply if you match the eligibility criteria. If you intend to take a gap year in 2017, note that most scholarships that allow a gap year require you to make an application in your final year of high school.

Referees

Students referees are very important always make sure they know which scholarships you are applying for. Ensure they know the appropriate information about you that the selection committee will need to know. Referees will submit their references through the online system.

Personal Statements

Your personal statements are very important; it is your opportunity to 'talk' to the selection committee and it is their opportunity to find out what you have to say about yourself. Your statement can reflect your views and aspirations, can explain the events and people that have been major influences on your life, can describe what drives you, why you have chosen the path you have and what your plans are for the future. One paragraph statements are not ideal.

PERRIN AG CONSULTANTS AGRICULTURAL SCHOLARSHIP

Perrin Ag Consultants Ltd is a professional agricultural advisory and agribusiness services firm based in Rotorua who offer two annual scholarships of up to \$3,000 each. One is for a promising individual wishing to study agricultural or related science at undergraduate or Honors level at either Lincoln or Massey Universities. The other is for a promising individual with whakapapa to one of the Incorporations Companies or Trusts for whom Perrin Ag Consultants supervises farming operations, to commence or continue agricultural or related science at undergraduate or Honors level at either Lincoln or Massey Universities.

Applications close on the 30th of March Annually, with the successful applicants being announced by the 30th of April.

Email for an application form office@perrinag.net.nz

Or for more information visit our website www.perrinag.net.nz.

See the Careers Office for more information

Mrs Sheryl Hewitson – Careers Advisor

Mrs Jan Thompson – Careers Assistant

E: Sheryl.hewitson@ipc.school.nz

E: jan.thompson@ipc.school.nz

VICTORIA UNIVERSITY OF WELLINGTON

Victoria University of Wellington is holding an information Evening on Thursday the 30th June at the Novotel Rotorua Lakeside, Tutanekai St.

This Evening helps students, parents and whanua find out more about studying at Victoria University.

This year Victoria will be running an early bird Maori students' session.

Event details are as follows:

- 5 – 6pm Early bird Maori students' session
- 6 – 6.20pm Faculty expo and light refreshments as people arrive
- 6.20 – 6.55pm Studying & Accommodation at Victoria session
- 7pm onwards Faculty sessions

To find out more or to RSVP, please email info-auckland@vuw.ac.nz

WHITECLIFFE COLLEGE OF ARTS AND DESIGN

Whitecliffe College of Arts and Design will be holding its annual series of Open Days in August – interested students, teachers and parents can visit Whitecliffe and find out more about their Bachelor of Fine Arts programmes.

In addition they are holding a Certificates of Art & Design (Foundation) Open Day for students that are interested in pursuing tertiary arts and design study, but do not have a portfolio to support an application.

- Certificates of Art & Design (Foundation) Wednesday 22 June
- Fine Arts Monday 1 August
- Photo Media Tuesday 2 August
- Fashion Design Wednesday 3 August
- Graphic Design Thursday 4 August

Registrations for the Open Days are now open. Contact receptionist@whitecliffe.ac.nz or registrations can be completed on-line via their website <http://www.whitecliffe.ac.nz/opendays/>

LA SALLE VOLUNTEER INFORMATION

Is now available at the Careers Office. This information gives details on their long-term volunteer program ('Share the Mission') as well as their short-term programs to Balgo (WA), Cambodia and Indonesia.

Or visit their website: www.delasalle.org.au

The University of Auckland's new scholarship portal is now open for undergraduate and school leaver scholarships for 2017!

This year the University of Auckland is introducing four brand-new scholarships, which will be awarded to more than 400 students starting undergraduate studies in 2017;

1. [The University of Auckland Top Achiever Scholarships](#)
2. [The University of Auckland Māori Academic Excellence Scholarships](#)
3. [The University of Auckland Pacific Academic Excellence Scholarships](#)
4. [The University of Auckland Academic Potential Scholarships](#)

Please find attached the regulations for each scholarship mentioned above (hyperlinks also attached). Students can only apply to these scholarships after they have applied to admission for a University of Auckland programme by logging in with their student details – ALL programme applications are also open now. Please visit [HOW TO APPLY TO A SCHOLARSHIP](#) and [HOW TO APPLY FOR ADMISSION](#)

All of these scholarships are open NOW and close on August 23 2016, so get on to it as soon as possible! Do not leave it until the last minute

And don't forget to source scholarships from other resources and apply for as many as you can!

- Auckland University scholarship database <https://www.auckland.ac.nz/en/for/current-students/cs-scholarships-and-awards/cs-search-for-scholarships-and-awards.html>
- GiveME database (Ask your school careers department)
- Your Iwi/Hapū, register with them online
- Kia Ora Hauora database <http://www.kiaorahauora.co.nz/scholarship>
- GOOGLE! "Undergraduate Scholarships", "Health Science Scholarships", "Māori Scholarships" etc....

If you have any questions please do not hesitate to contact us or the **Scholarships Office** (scholarships@auckland.ac.nz).

Orienteering Bay of Plenty (OBOP) has a number of exciting events coming up suitable for all ages and abilities!

Great Family events. (JPC Students wanting to do Adventure racing, this is a great lead in to the sport.)

OBOP Rogaines - 19 June, 3 July, 17 July 2016

OBOP is running a series of 3 short rogaines over June and July in and around Rotorua.

- **19 June - Redwoods, Whaka Forest** - Have a Go at O Day - Longmile Road, signposted from Tarawera Road.
- **3 July - Ngahiwa** - signposted from SH5, 20km south of Rotorua.
- **17 July - Tui Ridge** - signposted from SH36 between Hamurana and Ngongotaha.

We will send out further reminders closer to each event.

Each rogain will be 60 minutes where people try to visit as many controls as they can in the time allowed. Registration will open at 10am, maps will be handed out at 10.45am, and the event will start at 11am.

The events can be done individually or in pairs, or you can have a team of 3 or 4 if you prefer.

The events will be suitable for all ages and abilities, including families. You can go as easy or as hard as you like. We will also be running navigation training before the events (see below) if you want to improve your skills, and/or prepare for the Great Forest Rogaine and other upcoming adventure races.

For more info about the OBOP Rogaine Series check out <http://www.obop.org.nz/great-forest-rogain-2016.html>. You can simply turn up and enter on the day.

Great Forest Rogaine - Rotorua - 30 July 2016

in Whakarewarewa Forest.

All you need to do is get together a team of family or friends who are keen for a great adventure in the forest. A rogain involves trying to visit as many checkpoints as you can in the time allowed - so it's not only the physical side, but also the mental challenges of navigation and route choice. In the end though, you decide how easy or hard you want to go!



Teams can do the event on Mountain Bike or on Foot for either 3 or 6 hours.

Max Kerrison is setting separate courses for each discipline to maximise the fun for each.

Starting at the Whakarewarewa School, in Rotorua, the **Foot** course will have plenty of **beginner level checkpoints** in the amazing forest trails close to town. However, regulars to this popular event will love the **large area of new tracks** being mapped and used for the first time!

Mountain bikers get plenty of **new tracks** too! With a maze of beginner level and challenging checkpoints for your team to **choose** from. Rotorua is famous for having some of the **best single track in the world** and there's no better way to explore than with your mates at this event.

Of course we finish it all off with **Pizza and Prizegiving** at the finish!

More information and online entries (opening soon) is available on <http://www.obop.org.nz/great-forest-rogain-2016.html>

Free Navigation Coaching & Training

Free coaching and training will be provided before each of the three OBOP rogaines in June and July. We will focus on fundamentals at each session, building on the previously learnt skills. Perfect for beginners and those wanting a refresher. Also very timely for anyone planning on doing the Great Forest Rogaine and other upcoming adventure races.

You do need to register your interest in advance by emailing orienteeringbop@gmail.com with the number who will be attending and at what events/dates.

Coaching starts at 10am sharp. (Rogaine maps released at 10.45).

Event 1 - Sunday 19 June - Redwoods, Whaka Forest

Map Symbols

Map orientation, compass

How to plan a good rogaine route

Event 2 - Sunday 3 July - Ngahiwa

Route planning

Stepping stones

Attack points

Event 3 - Sunday 17 July - Tui Ridge

Contours

Relocation

Any questions and to register contact orienteeringbop@gmail.com. You can also ring Neil on 021 186 0407.



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PO Box 1233, Rotorua 3040



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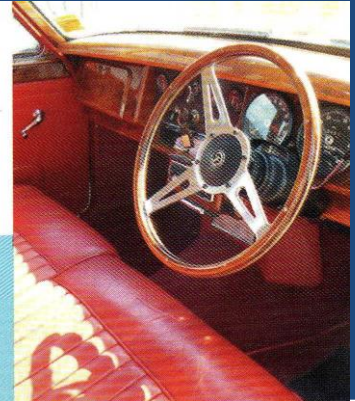
- Gel Manicures
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- IBX Treatments
- Nail Enhancements
- Minx Nails
- School Ball Special



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ROTORUA MEDICAL GROUP - NEW PATIENTS WELCOME

Central Health 1181 Amohia Street, Rotorua (next door to Central Pharmacy)
Fairy Springs Medical Centre 10-100 Fairy Springs Road, Rotorua

We are dedicated to providing affordable, quality healthcare for you and your family. Our team of doctors, nurses and support staff partner with you to manage your health and wellbeing.

We have two modern, convenient sites providing you with the flexibility of location and continuity of care. For added convenience we run a daily Drop in Clinic from Central Health:

Monday to Friday 9.00am to 11.00am and in the afternoon 2.00pm to 4.00pm

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Contact Sheryl DDI 07 3431952 or 07 3470000

Health and Safety at Work

If you are an employer you will know that the Health and Safety at work (General Risk and Workplace Management) regulations come into force April 2016

What does this mean for you?

- **Pre-employment**
 - Inform workers of exposures expected
 - Inform workers of possible health effects
 - Inform workers of health monitoring required
- **Health Monitoring**
 - Frequency
 - Reporting
 - Record Keeping

Our nursing team members are experienced in working successfully with businesses both locally and nationally. We are able to help your organisation or business with workplace practices, improved employee health, reduced absenteeism, reduced injury rates and rapid return to work for employees.

We listen to your needs and tailor our services to be relevant and cost effective to you.

We offer a full range of Occupational Health Services including (but not limited to):

- Breath Alcohol Testing
- Instant Drug Testing to AS/NZ 4308:2008 Standard of Compliance
- Laboratory Drug Testing to AS/NZ4308:2008 Standard of compliance
- Testing to Synthetic THC

