



# John Paul College, Rotorua

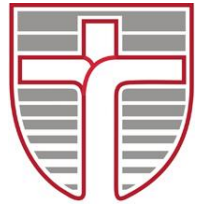
Whitworth Road, Rotorua. [www.jpc.school.nz](http://www.jpc.school.nz) Ph: 07 3478 795 Fx: 07 3461 271  
A WEEKLY NEWSLETTER FOR THE JOHN PAUL COLLEGE COMMUNITY  
Term 3, Issue 27

22<sup>nd</sup> August 2016

*Ma te pono Me te aroha – Through Faith and Love*

2016 School Theme : *Success is not final, Failure is not fatal.*

*It is the courage to continue that counts ~ Winston Churchill*



Dear Parents/ Caregivers

Kia Ora, Malo e Lelei, Talofa, Greetings

## CHANEL SHIELD

The college congratulates the Chanel Shield Team, who took first place in a competition involving all the Catholic Secondary Schools in the Diocese over the weekend. This is a tribute to the talented students and their dedicated teachers.

## CONGRATULATIONS TO 1<sup>st</sup> XV

Although the 1<sup>st</sup> XV lost in the final to Rotorua Boys High on the weekend, they have had a magnificent season playing with grit, determination and pride.

## SENIOR PRELIMINARY EXAMS

These exams will finish Friday for seniors. Please talk with your children about the results, celebrating what they have done well and what they need to do to improve. They have in effect, only eight weeks of school remaining. During that time they need to:

- Complete the syllabus and all outstanding assignments
- Attend extra tutorials when offered
- Develop a study timetable and stick to it
- Cut back on paid employment and their social life.
- 

## SCHOOL FEES and BUILDING LEVY

A big vote of thanks to all parents who pay school fees and the property levy. It ensures that your children have the highest quality education we can provide, including new buildings, technology and extra teachers to reduce class size and provide more subject options.

## BOARD OF TRUSTEES STUDENT REPRESENTATIVE

Nominations are invited for the election of one Student Representative to the Board of Trustees. Students must be Year 9 upwards and willing to commit to attending a Board of Trustees meeting once a month from 5.30pm and also a Sub Committee Meeting once a month from 5.00pm.

- Nomination forms are available from the student counter and main reception.
- Nominations close on Friday 2<sup>nd</sup> September and all parts of the form must be completed and signed by the person making the nomination and the person being nominated and accompanied by a signed candidate's statement
- There will be a list of candidate's names for inspection as they come to hand, on the RE Centre window
- Nominations close with Mrs Lock by 12.00pm Friday 2<sup>nd</sup> September.

If there is more than one nomination voting will take place on Friday 16<sup>th</sup> September.

Please direct any queries to Mrs Lock, Returning Officer, [liz.lock@jpc.school.nz](mailto:liz.lock@jpc.school.nz)

God Bless

Patrick Walsh - Principal

**NO HOMEWORK CLUB THIS WEEK**

### UNIFORM SHOP

OPEN MONDAYS/WEDNESDAYS/FRIDAYS  
8a.m to 4.p.m  
CLOSED 11.30a.m-12.30p.m  
Mrs C Constable - Uniform Shop Manager  
E: [Carolyn.constable@jpc.school.nz](mailto:Carolyn.constable@jpc.school.nz)

*The Homework Centre is open to all students on Mondays & Wednesdays From 3.30-5.00pm*  
*Following (provided) afternoon tea Mrs M Stokes – Teacher in Charge*  
*E: [Margaret.stokes@jpc.school.nz](mailto:Margaret.stokes@jpc.school.nz)*

**Whanau Support**  
**After-School Homework for Maori/Pasifika students**  
Every Tuesday in the Library from 3.30pm to 5 pm.

### TERM 3 EVENTS

#### AUGUST

25-26<sup>th</sup> BOP Science Fair (BP)  
26<sup>th</sup> Daffodil Day (JP)  
Year 7 Parish Mass (FB) St Mary's Church  
28-2/9 NZSS Hockey – Mt Maunganui  
29-31<sup>st</sup> Yr 13 ABL Camp (CP)

#### SEPTEMBER

7<sup>th</sup> Senior Option Evening (SP) 5.30-6.30pm  
12<sup>th</sup> Whanau Support Hui  
14-16<sup>th</sup> Year 7 Retreat (FB) St Mary's Parish Hall  
16<sup>th</sup> Year 9 Parish Mass (FB) St Mary's Church  
21<sup>st</sup> **Dancing With The Staff** – 7pm  
23<sup>rd</sup> Senior Reports Issued

**Updates will be highlighted**

### SENIOR OPTION SUBJECT INFORMATION MEETING

Wednesday 7<sup>th</sup> September, 5.30-6.30p.m in the Edmund Rice Centre

## DANCING WITH THE STAFF

Is returning to JPC

**WEDNESDAY 21<sup>st</sup> SEPTEMBER**

**MARK YOUR CALENDAR NOW  
FOR ANOTHER EXCITING EVENT AT JPC**



### NZQA & SCHOLARSHIP FEES DUE THIS FRIDAY 26<sup>th</sup> AUGUST

The table below outlines candidate fees for NZQA and Scholarship qualifications.

Fees for domestic (non-international) students:

NCEA entry	\$76.70 per candidate
Each NZ Scholarship subject	\$30.00 per subject

Fees for International Fee Paying Students:

NCEA entry	\$383.30 per candidate
Each NZ Scholarship subject	\$102.20 per subject

**Financial Assistance** (domestic students only) can be provided if one of the following conditions is met:

- be receiving a Work and Income or StudyLink benefit or have a Community Services card
- have joint family income that qualifies for Community Services card
- have two or more children entered as candidates with fees more than \$200.

Financial application forms and information regarding financial assistance are available from school ([deb.lepper@jpc.school.nz](mailto:deb.lepper@jpc.school.nz)) or on the NZQA website [www.nzqa.govt.nz/financialassistance](http://www.nzqa.govt.nz/financialassistance)

**Financial Assistance forms need to be completed by Friday 19<sup>th</sup> August .**

Invoices have be sent out by the school and all fees need to be paid to the school no later than: **Friday 26<sup>th</sup> August.**

Peter Sinclair - DP Curriculum

**Congratulations to Oneedin Steiner and Mydas McBurney** (both Year 8) who made the U12's squad for the **CBOP Ellis Shield** Rugby team this year. This tournament is played in Whakatane on 27.08.16. We wish them both the best of luck to represent the bay.

The **JPC GIRLS 7&8GIRLS SEVENS RUGBY TEAM** competed at the Sevens Rugby Tournament on Tuesday 16<sup>th</sup> August at Westbrook rugby grounds, achieving 4<sup>th</sup> place.

The team:

Miya Arrowsmith, Myah Cross Tiara-Jane Herbert  
Dolce Kissling-Hemsworth, Tayla Parris, Caitlin Flavell  
Megan Williams, Gisele Howard, Zoe Stubbing  
Adrianna Gesztesy, Allie Clarke

Congratulations and special thanks to the coach,  
Julia Florence.



## **RUGBY 2016**

The 1st XV travelled over to Tauranga Domain to play in the final for Division 2 on Saturday. After a week of controversy their opponents finally were RBHS 3rd XV. After drawing 19 all in round robin play the team was amped and full of confidence.

Starting the day with a breakfast fit for kings, the preparation was all done, it was all down to the team now. Travelling over the morale was good with lots of banter and enthusiasm. From the kick off JPC look strong with an early penalty to take the lead. RBHS replied with a try and the game stalemated for the majority of the 1st half. In a period close to half time JPC did not get the rub of the green, letting in 3 quick tries.

A early sin binning for JPC in the second half let RBHS in again and they now had a massive mountain to climb. Back to 15 players JPC fought hard but the win was gone. An end score of 34 - 10 and runners up for 2016.

The 1st XV have enjoyed a great season and will be working hard to improve on their results for next season. A big shout out to the coaches Steve Orr, Mike Halbert and Neville Humphries. Without your efforts this would not have been possible. The team would like to thank all their supporters for believing in a team which a lot of people had written off. There are a number of schools that will now respect JPC!

## **JPC 1ST XI FOOTBALL UPDATE**

The 1<sup>st</sup> XI completed their build up for Premier National Champs with a game against across town rivals Western Heights High School 1<sup>st</sup> XI on Wednesday night. The two teams had met twice already this season with one win a piece. In a typically hard fought and physical encounter JPC started the better of the two teams but they failed to convert their dominance into goals. A penalty kick was missed by JPC and at half time the score was 0-0. Late in the second half Nathan Monne scored a fine individual goal to give JPC a slender lead going into the final five minutes. WHHS tried hard to tie the game up and it took a stunning reflex save from JPC Goal Keeper Mac Horne in the final seconds of play to keep them out. The final result being 1-0 to JPC.

The Squad now has a final week of training before heading to tournament on the week of 29<sup>th</sup> of August. The final squad for the National Tournament is: Caleb Marriner, Steffano Riley, Hamish Watt, Jason Quinlan, Daniel Sherman, Nathan Monne, James Nelson, James Greentree, Archie Tombleson, Tyson Rimmer, Ryan Heath, Jason Nel, Nathan Gapes, Andrew Macalister, Cullum Donlon, Jacob Kitson. Mac Horn providing reserve providing Goal Keeper cover. Unavailable for selection was Adam Schweizer.

***Thanks to the team Sponsor Rotorua McDonalds***

## **CHANEL SHIELD RESULTS**

This weekend students from John Paul College took part in the annual inter-school Catholic Cultural Competition, the Chanel Shield. The team consisted of three junior students, Brianna Lewis, Orla Walsh and Adam Wong-Toi and twelve senior students, Ellis Carrington, Danielle Cooper, Aneesha Dahya , Gus Dube, Jessica Hawthorne, Theresa McLean, Priya Patel, Sam Purdie, Te Mahara Swanson-Hall, Elsie Spiers, Olivia Temm and Eamon Walsh.

The competition took place at Champion College in Gisborne and began on Friday with a traditional Powhiri and Mass and ended the following day at 12.30pm. During the course of the competition student's competed in a variety of speeches, Bible reading, drama and debating and concluded with a quiz based on the gospel of Luke.

John Paul College students excelled and fought off stiff competition, (there was only nine points between first and fourth!), to gain six first places and thus become the competitions' overall 2016 winners.

Our thanks to our excellent hosts, Champion College, who made sure everything ran smoothly and were faultlessly courteous and helpful.

Our six individual winners were Gus Dube, senior bible reading, Theresa McLean, impromptu speech (on the theme of the environment and our duty to care for it, linked to Pope Francis' encyclical Laudato Si), the Drama team, Aneesha Dahya, Gus Dube, Ellis Carrington, Priya Patel, Sam Purdie, Olivia Temm and Elsie Spiers , Brianna Lewis, junior poetry, Orla Walsh, junior prepared speech and Eamon Walsh, senior prepared speech.

The team were supported by four staff including myself and Mrs Thurston. Thank you to Mrs Thurston for her time and efforts. Particular thanks go to Mr Bloomfield and Mr Faulkner, who both drove us there and from me personally, for Mr Bloomfield's constant support.

***Mrs K Bloomfield***



## BAY OF PLENTY MATHSMIND COMPETITION SUCCESS

On the 17th of August our finest year 9 and 10 mathematicians participated in the annual Bay of Plenty Mathsmind competition in Whakatane. The year 9 and 10 teams both came second in a field of 40 schools.

The combined efforts of year 9 and 10 resulted in **John Paul College** being awarded the Henry Dixon Cup of **top school under 1000**.

The year 9 teams were represented by Adam Wong-Toi, Dan Borja, Emily Park, Hozanna Lopez, Ishan Nath, Janna Rutor, Orla Walsh and Vendansh Singh.  
The year 10 teams were represented by Jason Nel, Jessica Fenwick, Kieran Davidson, Maia Berryman-Kamp, Matthew Lindsay, Nathan Gapes, Sarah Dent and Tom Bennett.

Congratulations to all participants!  
Thank you very much to Mrs Botha and Mr James for coaching the students.

Lara Cordonni  
**Mathematics Faculty**



## KIA ORA TĀTOU FROM THE COUNSELLORS

In recent weeks we, as counsellors, have been doing further learning about the teenage brain and the many changes it undergoes during adolescence. I thought I'd share some of this with you over the next few columns, as much of what neuroscience has to tell us, has big implications for us as parents and teachers of young people. It's also really interesting!

There is a thought that today's youth are more self-obsessed, defiant and unmotivated than ever before, but a quick look at history tells us that this is not new!

Plato wrote in the 1<sup>st</sup> Century BC that teenagers...now love luxury; they have bad manners, contempt for authority; they show disrespect for elders and love chatter in place of exercise. They are now tyrants....They contradict their parents....and tyrannize their teachers.

Brain scans have given us insight into why this is, and show us the radical changes the brain goes through in the teenage years. In brief, the frontal cortex, that part of the brain in charge of rational thought, reasoning and learning, undergoes a massive growth period. As Nathan Mikaere Wallis puts it, it is largely "Closed for Renovations".\*

When teens respond irrationally, when they seem to base decisions on "gut" reactions, when they become overly emotional, it is usually because they are not able to access that part of the brain that enables clear and logical thinking and decision making.

So what implications does this have for us as adults? Well the good news is that the cortex is not "off-line" for our teens 100% of the time. As adults we can be flexible about when we time important conversations and activities. If we are prepared to wait for times when we know our young people are at their most "cortical" (ie) calmest and most rational, we can enjoy a calmer response and closer connection. First thing in the morning is not usually that time! But that's another story – more information about teenage sleep patterns next time.

\*Read more on-line from Nathan Mikaere Wallis about teen brain development at - [wikieducator.org/Professional\\_Inquiry/Nathan\\_Mikaere\\_Wallis](http://wikieducator.org/Professional_Inquiry/Nathan_Mikaere_Wallis)

Or just google Nathan Mikaere Wallis.

Na mihi nui kia koe,

Nancy Macmillan and Neil Carter



Once again John Paul College is collecting for the Samaritan's Purse annual shoe box appeal.

Each year we ask for small gifts to be put into shoe boxes and sent to children overseas in countries such as PNG, Cambodia and Vietnam. Many of these children have never received a gift before.

This year we have told the students they may choose to **either**

- **Join together with a group** of friends and fill a box
- **Work as a form class** and fill two boxes (one for a boy and one for a girl)
- **Donate an item** or items straight to RSC2
- **Donate some money** (again drop this off at RSC2 and we will organize sending it on)

**Last year we managed to fill an amazing 72 boxes!**

Each box needs:

- **SOMETHING TO LOVE**  
Teddy bear, doll, soft toy, etc.
- **SOMETHING FOR SCHOOL**  
Exercise book, pencil case, pens, pencils, colouring pencils, sharpener, eraser, chalk, etc.
- **SOMETHING TO WEAR**  
T-shirt, shorts, underwear, cap, beanie, sandals, thongs, etc. **(Please, no 2<sup>nd</sup> hand clothing)**
- **SOMETHING TO PLAY WITH**  
Tennis ball, cars, skipping rope, marbles, musical instrument, yo-yo, slinky, finger puppets, wind up torch, etc. (No battery operated items)\*
- **SOMETHING FOR PERSONAL HYGIENE**  
Soap and face washer, toothbrush, hairbrush, comb, hair-clips, scrunchies, etc. **(No toothpaste, bubble bath or any other item that might leak )**
- **SOMETHING SPECIAL**  
Carry bag, sunglasses, bangles, necklaces, craft kits, stickers, note or photo of yourself.
- **MONEY TO COVER TRANSPORT AND DELIVERY**  
Although the boxes are delivered by volunteers there are many expenses incurred it costs \$9 per box so all donations of money are equally important.

***There are also some items that unfortunately we cannot send they include:- Lollies, liquids of any sort including shampoo, bubble bath etc., toothpaste, deodorant, old or damaged items, anything that might break e.g. mirror, anything that can cause harm or relates to war, anything that relates to gambling such as playing cards and dice.***

As with every year, you may also take home and fill a box as a family if you prefer (as many students have already chosen to do- however if you have a change in circumstances please return the empty boxes so we can fill them!).

I am always humbled by the generosity of the staff, students and their families each year in creating these shoeboxes of love.

**All donations should be brought directly to RSC2 please no later than the last week of this term, this includes unused/ unfilled boxes.**

Mrs Bloomfield (Director of Religious Studies)





## DAFFODIL DAY IS COMING

### Friday August 26<sup>th</sup>

Daffodils will be on sale to students during form time, morning break and lunch time.

Daffodils = gold coin    Stickers 50c



**IN TIME FOR FATHER'S DAY**

## MULTI TOOLS

We are a group of year 13 business studies students selling high quality multi tools. The tools come in 4 different designs which can be seen in the photo. We handpicked these tools in Yiwu China, they are being sold for the great price of \$15.00. This affordable tool would be perfect for a father's day gift, which is the 4<sup>th</sup> of September if you're interested please feel free to contact us on 0277783313. Or come see Darcy Pinder or Drew Simmonds at the common room.



### QUIZ NIGHT NZ GYMNASTICS NATIONALS FUNDRAISER

**Saturday 3<sup>rd</sup> September ~ St Mary's School Hall 6pm start**

Fundraiser to benefit: Megan Hughes, Claire Hughes, Nevan Winmill and Alistair Ball.

Help get them all to the NZ Gymnastics Nationals in Invercargill.

Tickets \$10 each or \$50 for a team of 6.

If you don't have a team we can help make one up.

Bookings to Michelle 021 2231104 (Text anytime or call after 3 please)

Prizes include:

- \* Horse treks for 2 courtesy of Adventure Playground valued at \$130.00
- \* House wash valued at \$250.00
- \* Jet boat trip courtesy of Kawerau Jet valued at \$165.00
- \* Rainbow Springs Mystery prize
- \* Spot Prizes

Soft drinks and snacks will be available on the night.



## STUDYLINK

Students thinking about further study after they leave school have a lot of decisions to make.

[StudyLink's website](#) is a great place to visit to get you thinking about what it will cost to live and study. StudyLink can help you work out if study is right for you and how you'll support yourself. How much money you may need to support yourself could surprise you.

Once you've made the decision to study it's a good idea to [sign up to receive emails](#) from StudyLink. This way you won't miss out on important information, like when to apply and documents you need to send.

We encourage students and parents to check out [www.studylink.govt.nz](http://www.studylink.govt.nz).

[StudyLink's website](#) is a great place to visit to get you thinking about what it will cost to live and study. StudyLink can help you work out if study is right for you and how you'll support yourself. How much money you may need to support yourself could surprise you.

There are some really important decisions to make. A little effort, planning and commitment now can turn into exciting jobs, higher wages and only having to pay back what you really needed to borrow to get there.

Once you've made the decision to study it's a good idea to sign up to receive emails from StudyLink. This way you won't miss out on important information, like when to apply and documents you need to send.

Let's figure out what things you'll need for your tertiary education, and how you might pay for them.

[Sign up to receive emails now](#)



## YOUR EDUCATION ROTORUA INFORMATION MEETING

On Thursday 25<sup>th</sup> August

6.00-7.00pm At the Rotorua Public Library

Come meet our team, bring your parents and learn more about our  
overseas high school programmes for 2016 and 2017.

[www.youreducation.co.nz](http://www.youreducation.co.nz)



## FROM THE CAREERS DEPARTMENT

**Soroptimist International of Rotorua** are calling for nominations for our annual Karen Trautmann Memorial Youth Citizenship Award. See Mrs Hewitson for details

### Victoria University of Wellington

Victoria University will be holding its Open day on Friday 26<sup>th</sup> August 2016. Students will need to make their own arrangements to attend this day.

### Southern Institute of Technology

Southern Institute of Technology is holding its Open Day on Friday 23<sup>rd</sup> September from 10am-2pm at their Main Campus, 133 Tay Street, Invercargill.  
To Register email [morgann.price@sit.ac.nz](mailto:morgann.price@sit.ac.nz)

### Verification of Documents

Senior students requiring documents verified can bring them into the Careers Department with the Originals. Please do this early.

### Tourism Scholarships – entries open

Entries are now open for the 2016 Tourism Industry NZ Trust Academic Tourism Scholarships. TINZT awards up to three \$2500 scholarships each year to pay tuition costs for the first year of study. The scholarships are open to students who have successfully completed NCEA Level 2 and are planning to start tourism related tertiary study in 2017. This is a great opportunity for students to get their tourism career off to a positive start. Visit the TINZT website for more information and to download the application form.

### Mrs Sheryl Hewitson

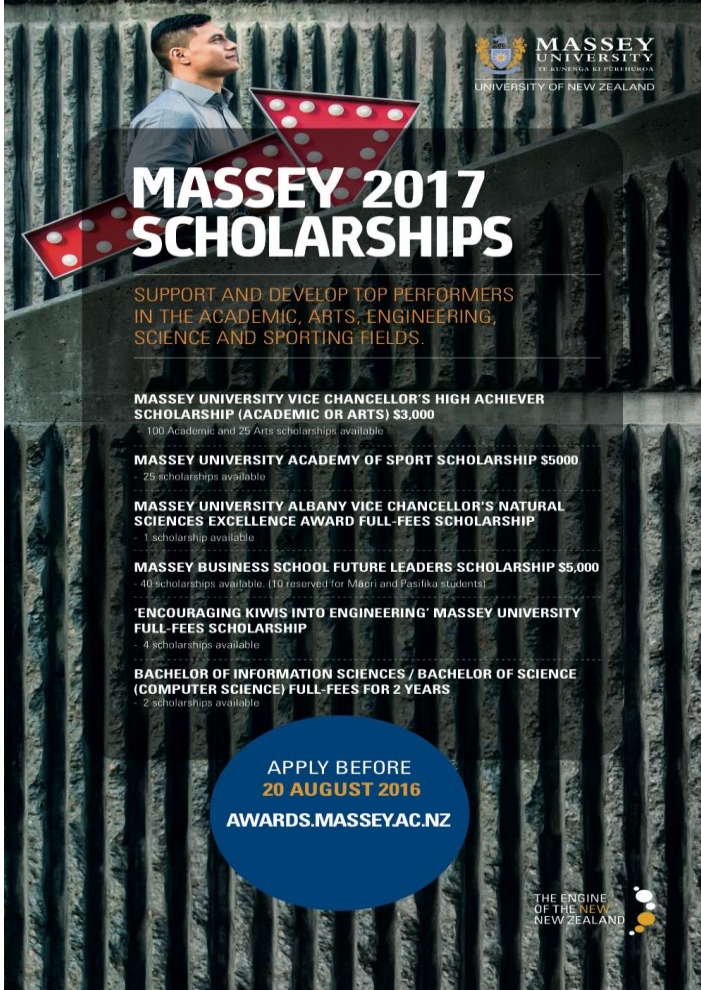
Careers Advisor

E: [Sheryl.hewitson@jpc.school.nz](mailto:Sheryl.hewitson@jpc.school.nz)

### Mrs Jan Thompson

Careers Assistant

E: [jan.thompson@jpc.school.nz](mailto:jan.thompson@jpc.school.nz)



**MASSEY 2017 SCHOLARSHIPS**

SUPPORT AND DEVELOP TOP PERFORMERS IN THE ACADEMIC, ARTS, ENGINEERING, SCIENCE AND SPORTING FIELDS.

**MASSEY UNIVERSITY VICE CHANCELLOR'S HIGH ACHIEVER SCHOLARSHIP (ACADEMIC OR ARTS) \$3,000**  
100 Academic and 25 Arts scholarships available

**MASSEY UNIVERSITY ACADEMY OF SPORT SCHOLARSHIP \$5000**  
25 scholarships available

**MASSEY UNIVERSITY ALBANY VICE CHANCELLOR'S NATURAL SCIENCES EXCELLENCE AWARD FULL-FEES SCHOLARSHIP**  
1 scholarship available

**MASSEY BUSINESS SCHOOL FUTURE LEADERS SCHOLARSHIP \$5,000**  
40 scholarships available. (10 reserved for Maori and Pasifika students)

**'ENCOURAGING KIWIS INTO ENGINEERING' MASSEY UNIVERSITY FULL-FEES SCHOLARSHIP**  
4 scholarships available

**BACHELOR OF INFORMATION SCIENCES / BACHELOR OF SCIENCE (COMPUTER SCIENCE) FULL-FEES FOR 2 YEARS**  
2 scholarships available

APPLY BEFORE  
**20 AUGUST 2016**  
[AWARDS.MASSEYAC.NZ](http://AWARDS.MASSEYAC.NZ)

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### **FATHER'S DAY CAKE SPECIAL**

\$95 for a chocolate cake similar to the one pictured PLUS A FREE TOPPER! Choose the topper you like best from the 4 toppers pictured.

6 inch cake with 4 layers filled with a delicious chocolatey goodness and decorated with Ferrero Rocher, Kit Kat, Oreo and a variety of other chocolates.

#### **Delivery Options: -**

1. Cakes can be collected at Pepper's Café on Saturday 3<sup>rd</sup> September between 8am – 4pm
2. Delivery can be done on Sunday by 1pm for an additional \$10

#### **Payment Details: -**

A deposit of \$30 needs to be paid by the 25<sup>th</sup> August to confirm your booking and the balance payable on Thursday 1<sup>st</sup> September (prior to collection).

Bank Details for bank transfer

Carey Baker                      38 9012 0685933 00

Reference: Your Name

Contact: Carey on 027 321 5077

Email: [bakersinnz@vodafone.co.nz](mailto:bakersinnz@vodafone.co.nz)

# 2016 Sports Calendar

## Term 3

Date/s	Event	Location	BOP / National
Fri 2nd September	MIGS Gymsport and Trampoline (Yr 7 & 8)	Rotorua	BOP
Sat 27th August - Sun 4th September	NZSSSC Winter Games for Secondary Schools. Basketball / Football / Hockey / Netball	Various Locations	National
Sun 4th - Fri 9th Sept	AIMS GAMES (Year 7 & 8 National Competition) Water Polo / Netball / Football / BMX / Golf / Swimming /Cross Country	Tauranga	National
Sat 24th - Mon 26th Sept	NZ Clay Target Championships	Christchurch	National

## Term 4

Date/s	Event	Location	BOP / National
Fri 28th October	CBOP Tennis Champs (Year 7 & 8)	Rotorua	CBOP
Wed 23rd November	BOP Zone Athletics (Year 7 & 8)	Tauranga	BOP
Thu 24th -27th November	NISS Water Polo Juniors	Auckland	NI
Sat 2nd - 4th December	NZSS Athletic Championships	Auckland	NZ

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## ROTORUA MEDICAL GROUP - NEW PATIENTS WELCOME

Central Health 1181 Amohia Street, Rotorua (next door to Central Pharmacy)  
Fairy Springs Medical Centre 10-100 Fairy Springs Road, Rotorua

We are dedicated to providing affordable, quality healthcare for you and your family. Our team of doctors, nurses and support staff partner with you to manage your health and wellbeing.

We have two modern, convenient sites providing you with the flexibility of location and continuity of care. For added convenience we run a daily Drop in Clinic from Central Health:

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# Achieve

## Workplace Health

"Achieving successful safety solutions"

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(next door to Central Pharmacy)

Contact Sheryl DDI 07 3431952 or 07 3470000

### Health and Safety at Work

If you are an employer you will know that the Health and Safety at work (General Risk and Workplace Management) regulations come into force April 2016

### What does this mean for you?

- **Pre-employment**
  - Inform workers of exposures expected
  - Inform workers of possible health effects
  - Inform workers of health monitoring required
- **Health Monitoring**
  - Frequency
  - Reporting
  - Record Keeping

Our nursing team members are experienced in working successfully with businesses both locally and nationally. We are able to help your organisation or business with workplace practices, improved employee health, reduced absenteeism, reduced injury rates and rapid return to work for employees.

We listen to your needs and tailor our services to be relevant and cost effective to you.

We offer a full range of Occupational Health Services including (but not limited to):

- Breath Alcohol Testing
- Instant Drug Testing to AS/NZ 4308:2008 Standard of Compliance
- Laboratory Drug Testing to AS/NZ4308:2008 Standard of compliance
- Testing to Synthetic THC

