



# John Paul College, Rotorua

Whitworth Road, Rotorua. [www.jpc.school.nz](http://www.jpc.school.nz) Ph: 07 3478 795 Fx: 07 3461 271  
A WEEKLY NEWSLETTER FOR THE JOHN PAUL COLLEGE COMMUNITY  
Term 3, Issue 30 12<sup>th</sup> September 2016



*Ma te pono Me te aroha – Through Faith and Love*  
2016 School Theme : *Success is not final, Failure is not fatal.*  
*It is the courage to continue that counts ~ Winston Churchill*

Dear Parents/ Caregivers

Kia Ora, Malo e Lelei, Talofa, Greetings

## **PPTA PLANNED INDUSTRIAL ACTION - Wednesday 14<sup>th</sup>**

The paid union meeting will take place this Wednesday (14<sup>th</sup>). School will finish for the day at 12.20pm. There will be limited supervision offered at the school by non-union members but it would be appreciated if parents could make alternative arrangements for their children. If your child needs supervision at school, please make contact with Mrs McHugh, [ali.mchugh@jpc.school.nz](mailto:ali.mchugh@jpc.school.nz) We apologise for any inconvenience this may cause.

The school buses will leave at the normal after school time; the Putaruru bus will leave JPC at 12.30pm

## **TRIAL SENIOR REPORTS PARENT SURVEY**

The college will be trialling a new senior report this week. Please study it closely and provide feedback when the parent survey is sent to you. We want the reports to be informative and easy to follow. Your feedback will be essential to getting it right.

## **SCHOOL FEES**

A great deal of financial planning goes into providing additional resources for curriculum delivery. Although school fees are a voluntary contribution, they are a very important resource for the school to ensure your child has the best resources available. Automatic payment forms are available from the Accounts Office to assist those who may have outstanding fees. Thank you to those who have paid the fees to date.

God bless

Patrick Walsh  
Principal



## *Tena koutou katoa* **WHANAU SUPPORT HUI** **TONIGHT** **5.30-7.30pm in the whare**

We will be discussing Maori achievement, finalising any planning for the Manu Korero trip and also starting up waka ama again for term 4.

Shared kai at 7pm

*Hope to see you there*, na Eugene – Chairperson

# **DANCING WITH THE STAFF**

**WEDNESDAY 21<sup>st</sup> SEPTEMBER 7PM**

**TICKETS ON SALE NOW AT THE ACCOUNTS OFFICE \$15**

**RAFFLES & REFRESHMENTS WILL BE ON SALE**

*Don't be disappointed –*

*join us for the return of this exciting event at JPC*  
*Proceeds will go to the LaSallian Foundation*



### UNIFORM SHOP

OPEN MONDAYS/WEDNESDAYS/FRIDAYS

8a.m to 4.p.m

CLOSED 11.30a.m-12.30p.m

Mrs C Constable - Uniform Shop Manager

E: [Carolyn.constable@jpc.school.nz](mailto:Carolyn.constable@jpc.school.nz)

*The Homework Centre is open to all students on Mondays & Wednesdays*

*From 3.30-5.00pm*

*Following (provided) afternoon tea Mrs M Stokes – Teacher in Charge*

*E: [Margaret.stokes@jpc.school.nz](mailto:Margaret.stokes@jpc.school.nz)*

### Whanau Support

**After-School Homework for Maori/Pasifika students**

Every Tuesday in the Library  
From 3.30pm to 5 pm.

### JPC APP "STAY INFORMED"

The JPC APP is available for you to download free of charge onto your phone or device. It contains a wide range of information that is useful for you to know about. In addition to this, it can be used as a communication tool with the College.



### TERM 4 EVENTS

#### OCTOBER

11<sup>th</sup> Years 7 & 8 Regeneration Retreat

17<sup>th</sup> Whanau Support Hui 5.30-7.30pm

21<sup>st</sup> Diwali Festival

27-28<sup>th</sup> Year 8 Aquatics Experience

#### NOVEMBER

1<sup>st</sup> Snr Co-curricular Prizegiving 1.00-3.00pm

3<sup>rd</sup> Snr Prizegiving 7.00-10.00pm

7-9<sup>th</sup> Junior Exams

9<sup>th</sup> -2<sup>nd</sup> Dec NCEA/Scholarships exams

15-25<sup>th</sup> Life Education

21<sup>st</sup>-23<sup>rd</sup> Year 8 Camp

24<sup>th</sup> Year 9 Amazing Journey

25<sup>th</sup> Year 9 Careers Day

28-30<sup>th</sup> Year 7 Beach Education

28<sup>th</sup> -5<sup>th</sup> Dec Year 10 Activities

#### DECEMBER

6<sup>th</sup> Yr 7 & 8 Co-curricular Prizegiving 1-3.00pm

8<sup>th</sup> Yr 9&10 Co-curricular Prizegiving 1-3.00pm

9<sup>th</sup> Junior Prizegiving 10-12.00pm

End of year reports issued



**25<sup>th</sup>**

**September**

**Put your clocks forward 1 hour**

### SITUATION VACANT

#### TEACHER AIDE

Required to assist with ORRs funded student  
Previous experience preferred  
25 hours per week during term time only  
For further details, please make contact in the first instance with

**Mrs Paulene Walsh**

SENCO

E: [paulene.walsh@jpc.school.nz](mailto:paulene.walsh@jpc.school.nz)

### Interested in becoming a Catholic?

You are invited to come and learn about the Catholic Faith at St. Mary's Catholic Church on the corner of Ranolf and Seddon Street at 7.00pm Wednesdays 21<sup>st</sup> September, 28<sup>th</sup> September and the 5<sup>th</sup> October.

For further enquires email Fr Eamon Kennedy.  
[freamonkenney@gmail.com](mailto:freamonkenney@gmail.com)

**Year 7 Retreats will be next week - 20 / 21 / 22 September**

Please return all winter code sports uniforms (laundered), first aid kits, game bags and balls as soon as possible for stocktaking.  
Outstanding uniforms will be invoiced. *Thank you*

## EXCELLENT RESULTS ACHIEVED AT THE NZ SECONDARY SCHOOLS SWIMMING COMPETITION

Two John Paul College Students raced at NZ Secondary Schools Swimming Competition from 9-11 September in Wellington, along with 550 other High School Students.

Milla Theobald (Swim Rotorua) is the NZ Secondary School Titleholder in the 13 yr age group for 400 freestyle. As well as her Gold, Milla also won Bronze in 200 fly and Bronze in 200 freestyle. She was also in the top ten in four other events.



David Boles (Swim Rotorua) was racing in the tough 16-18 yr age group. David placed 4<sup>th</sup> in the 200 backstroke (but was the second 16 year old) and in the top ten for two other events.

Both these swimmers have qualifying times for the Aquaknights (Central NZ team) to compete at Victoria State Champs in December.  
**Well done to David and Milla**

Milla has put an application in for an AMP scholarship and would appreciate if the JPC community voting for her as 'People's Choice' in support

- : Google AMP scholarships
  - : Go into People's Choice
  - : Type in **Milla Theobald** (*note her name has been misspelt so you have to spell it that way*)
  - : Submit and then hit the vote button.
- Thank you in anticipation!!**



## ROTORUA SOCCER ACADEMY HOLIDAY PROGRAMME

Held at: Malfroy Primary School  
When: Monday 26<sup>th</sup> & Tuesday 27<sup>th</sup> Sept  
Time: 9.00am to 3.00pm  
Wet or fine

**Learn to play football or just improve your skills and have a great time.**

Cost: \$50 for both days or  
\$25 for one day

**Limited spaces available, book now**

Phone Jason on 021 1860 959 or  
Email: [WALKERSRULE@xtra.co.nz](mailto:WALKERSRULE@xtra.co.nz)

## AUSTRALIAN MATHEMATICS COMPETITION

On the 28<sup>th</sup> of July, 15 of our finest mathematicians sat the Australian Mathematics Competition.

**Ishan Nath** (year 9) was in the 100<sup>th</sup> percentile in his year group and will be given a **Prize Award** for his efforts.

Nine students were awarded **Distinction**: Veronica Chen, Danyon Wang, Cohen Stewart, Will Field and Ronan McKenzie (Year 7s), Adam Wong-Toi, Brittany Pettit and Andrew Collins (Year 9s) and Jacques Terblanche (Year 11).

**Congratulations to all participants!**

## SUMMER UNIFORM CHANGEOVER

Students are to start Term 4 in full summer uniform

The JPC Uniform Shop is open Mondays, Wednesdays & Fridays during term time

**The Uniform Shop will be open during the School Holidays on Thursday 6<sup>th</sup> October and Friday 7<sup>th</sup> October, 8am – 4pm**

## 2<sup>nd</sup> HAND UNIFORM SALES

Thursdays 15<sup>th</sup> and 22<sup>nd</sup> SEPTEMBER at Mckillop Campus  
3.30-4.30pm – Cash / Cheque only – *no Eftpos*

All donations of summer uniform for resale are gratefully received





The 2016 NZCT AIMS Games International Sporting Championships have been embraced by 9,300 students from 275 New Zealand schools competing in 21 different sports. The 13th tournament has been a magnificent success and the most exciting and action packed AIMS Games yet. Special congratulations to all 9,000+ talented and wonderful sporting competitors and their support team.

The Results:

### **Football Boys**

26<sup>th</sup> out of 59 schools

### **Netball**

52nd out of 110 schools

Tournament team for Netball B Grade: Jessica Taylor

**BMX Racing:** (New Sport for AIM's.)

### **Individual Time Trails**

Year 7 girls. Megan Williams 1st, Jenna Hastings 3<sup>rd</sup>.

### **Individual Moto results.**

Year 7 girls. Megan Williams 2nd, Jenna Hastings 3rd, Caitlyn Flavell 8th

Year 7 Boys. Daniel Butterworth 8th, Reeve Hildreth 24th

Year 8 Boys. Lachie Stevens-McNab 5th

### **School Cup Challenges**

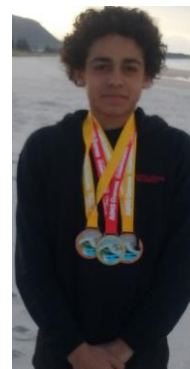
JPC Team 1 (Megan & Daniel) 1st

JPC Team 2 (Lachie & Jenna) 3<sup>rd</sup>



### **Water Polo**

Plate final winners  
(9<sup>th</sup>) out of 22 teams.



*Joshua Balmer*

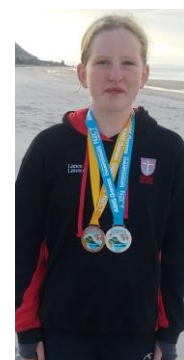
### **Swimming**

Joshua Balmer: Swimming  
Gold and 2 Bronze (5 Finals)

Jas Hagan: Swimming Silver  
and a Bronze. (3 Finals)

Kapua Warbrick: Swimming  
(2 Finals)

22<sup>nd</sup> on points out of 56 schools.



*Jas Hagan*

### **Cross Country**

2<sup>nd</sup> Hannah Gapes

### **Multisport**

1<sup>st</sup> Hannah Gapes



*Hannah Gapes*



For those who competed in team sports, simply at this level you must win games to stay in the running for top honours. It's a tough competition, when all schools are vying to be the best.

Thank you to all the parents who travelled over to support and cheer our teams.

***Special thanks to these parents who Managed and Coached:***

***Jo Hastings & Allan Favell (BMX).***

***Jason Trask & Robin Foley (Football).***

***Melissa Martin (Golf).***

***Nicola Gapes (Multisport).***

***Coral Palmer & Justine Sinclair (Netball).***

***Monica Quirke (Swimming).***

***Rose Florence, Cullen Smith &***

***Thomas Firth-Referee (Water Polo).***





## JPC BMX TEAM AT AIMS GAMES

Congratulations to the JPC BMX Team who did an amazing job at representing the School at the inaugural BMX event at AIMS Games.

There were 88 individual competitors and over 30 School Teams taking part in 3 different events; Time Trial, Individual Moto Racing and the School Team Cup. It was exciting racing, especially the competition for the School Team Cup with JPC coming away with awesome results.

### Time Trial Results:

Year 7 Girls: Megan Williams - Gold; Jenna Hastings - Bronze; Caitlin Flavell 9<sup>th</sup>

Year 7 Boys: Daniel Butterworth 6<sup>th</sup>; Reeve Hildreth 16<sup>th</sup>

Year 8 Boys: Lachlan Stevens-McNab 7<sup>th</sup>

### Individual Moto Results:

Year 7 Girls: Megan Williams – Silver;  
Jenna Hastings – Bronze; Caitlin Flavell 8<sup>th</sup>

Year 7 Boys: Daniel Butterworth 8<sup>th</sup>;  
Reeve Hildreth 24<sup>th</sup>

Year 8 Boys: Lachlan Stevens-McNab 5<sup>th</sup>

### School Team Cup (Mixed Age and Gender)

JPC Team 1 (Megan Williams & Daniel Butterworth) Gold

JPC Team 2 (Jenna Hastings & Lachlan Stevens-McNab) Bronze



## CLAYTARGET TEAM WIN THE DAY

In freezing, gusty conditions, the John Paul College shooting Team (pictured with Coach, Grant Rowles, left to right) **Liam Shorland, Dillon Tillemans, Dylan Austin, Luke Veltman and Bayley Austin** shot their way to 1<sup>st</sup> place in the Boys' Team Event at TECT Park in Tauranga last Thursday with a score of 280/300 and with a top score of 413/450, won the day out right.

Bayley Austin won HOA for the day with a score of 89/90 and took 1st place in the boys event, after a shoot off with 4 other boys, with a score of 29/30.



Dylan Austin received 4<sup>th</sup> in the boys event with a score of 29/30 after a great shot off

Dillon Tillemans (pictured left) received HOA First Year shooter after a shoot off with 3 other boys

Luke Veltman ended up in 1st place for 1st First Year shooter after a shot off with his team mate.

This was the last shoot for the Central North Island round robin. **Well done boys.**

The final event for the year is the NZ Secondary Schools Championship in Christchurch 24-26<sup>th</sup> September.



## JPC JUNIOR FOOTBALL SEASON COMES TO AN END

As another season was completed at the weekend with the Rotorua Junior Football Knockout competition, there was plenty to celebrate. In the 12<sup>th</sup>/13<sup>th</sup> grade competition, the JPC Heroes went all the way to the final and then went on to win the competition with three first half goals, which stunned their opposition Rotorua Intermediate. The team has had a great success this year, with this win coming close on the heels of their 12<sup>th</sup>/13<sup>th</sup> Grade Division 1 title which they successfully gained a couple of weeks ago. In a tough competition, the JPC Falcons came third, whilst the JPC Hawks and Saints came fifth and sixth respectively.

In the 12<sup>th</sup>/13<sup>th</sup> Grade Division 2, the JPC Lions were runners-up and the JPC Jaguars and Wildcats came fourth and fifth respectively.

In the 14<sup>th</sup>/15<sup>th</sup> Grade knockout competition, the JPC Jets came incredibly close, going down in the final to Taupo nui a Tia to end runners up in that competition. This is a great achievement for them, as the team was close to collapse in the latter part of the season, but managed to stick it out to the end and prove their worth. Well done to that team. The team also came third in the 14<sup>th</sup>/15<sup>th</sup> Grade Division 1 league competition.

In the second Division, the JPC Eagles topped the league, gaining a trophy and winners medals for its players. The JPC Kestrels fought a great season, but at times struggled, coming in fifth place.



Many thanks to all our players, parents and especially our coaches, who have helped throughout the year. Our coaches were: Jason Trask (Heroes), Richard Quinlan (Falcons), Gary Benfell (Hawks), Brett Nicholas (Jaguars), Dom Gigliotti (Lions), Steve Sutton (Saints), Rob Ball (Wildcats), Clinton Peterson (Eagles), Mark Copeland (Jets) and Neil Opalalic (Kestrels).

## JPC AIMS FOOTBALL

Our JPC AIMS team had a great week over in Tauranga last week finishing a very creditable 26<sup>th</sup> out of 59 teams.

Pool play was very exciting, with a number of evenly matched games in a tough group, the team eventually finishing fourth in a group of eight. Once out of pool play though, the team flew, winning all their games until the last one, which, against the run of play, ended in a narrow 1-0 defeat.

Top player of the tournament for the team, Cailyn Trask, scored some fantastic goals, as did Dylan Tamariki. At the other end Tom Parry was excellent in goal and made some vital saves to keep the team on their winning streak.

Special thanks to their coach, Jason Trask; the parents for their fantastic support throughout the week; and our sponsors, Linley and Rob Parry at Rotorua McDonald's, the Elise and Erin Pope at Pope Construction and David Wilson and Alastair Douglas at Rotorua Toyota. And of course thanks to all of the parents who offered further financial assistance to get the boys over there.

**Stephen Bloomfield**

**Teacher in Charge of Football**



*Cailyn Trask in action*

## NET FIT NETBALL With Laura Langman

This high-energy, 45 minute netball gym class combines netball movements with strength and power exercise to music! Our class are all based on netball-specific fitness, teamwork and empowerment. Each track has a different netball them specific to the fitness we need on the court.

When: Saturday 24<sup>th</sup> September

Where: TECT Arena – 81 Truman Ln, Mt Maunganui

TIME: 10.00am to 11.00am COST \$25

BOOK NOW: Jodi Smyth [Jodi.smyth@jpc.school.nz](mailto:Jodi.smyth@jpc.school.nz)

## CARITAS WEEK: 12<sup>th</sup> – 16<sup>th</sup> September

Caritas, the Social Justice network of the Catholic Church, will be focussing on their work and support with Migrants and Refugees during Social Justice Week, 12 - 16 September.

At JPC we will join with Caritas and focus our energies on supporting Red Cross Hamilton, on the work they do as a city that resettles refugees from the Mangere Refugee Centre.

In October, 20 refugees from Afghanistan and Columbia will arrive to begin a new life in Hamilton. The manager of Red Cross Hamilton has suggested that if we could make up packs of toiletries for the new arrivals which would be much appreciated.

From Monday 5 September - Wednesday 21 September, there will be boxes in the RSC for students and staff for donations of toiletries.

Food collections for the Food Bank will be put on hold during this time to allow us to focus for 3 weeks on collecting toiletry items.

We thank you in anticipation, for your time and consideration with this request, JPC continues to give very generously to a variety of projects during the year, demonstrating a genuine concern for those less fortunate than ourselves.



Mrs Veronica Aislabie – TIC Caritas  
Mrs Karen Bloomfield – Director of Religious Studies  
Mrs Bernadette Fredricksen – Campus Minister

E: [veronica.aislabie@jpc.school.nz](mailto:veronica.aislabie@jpc.school.nz)  
E: [Karen.bloomfield@jpc.school.nz](mailto:Karen.bloomfield@jpc.school.nz)  
E: [bernadette.fredricksen@jpc.school.nz](mailto:bernadette.fredricksen@jpc.school.nz)

## AFFIRMAIL TEAM ROTORUA

As a part of the Young Enterprise programme each team is tasked with developing a product and then marketing it in the public arena. Young Enterprise is a nationwide competition.

This year Eamon Walsh (CEO) James Nelson (Production manager), Kenta Yeoman (Financial Manager), Thomas Wirepa (Sales and Marketing direction), and Quinn Phelan (Communications Director) formed their start-up company called Affirmail.

The product that we have decided to manufacture and sell are beautifully branded postcards. These cards have been purposely designed for businesses, schools and organisations to use as a means of promotion or congratulations. They are fully customisable, and allow you to put your logo, name, details and any picture of your choice.

Currently many businesses and schools all over New Zealand are using our product. If you are an owner of a business, organisation or work at school and have any interest or questions about this product, please contact us on any of the following:

Email: [affirmail@gmail.com](mailto:affirmail@gmail.com)

Website: <http://affirmail.cms.cgdesign.co.nz/>

Mobile: 021 2636254

Like us on Facebook at Affirmail Team Rotorua

Thank you for your support,  
Affirmail Team Rotorua

Comprised of- Eamon Walsh, James Nelson, Kenta Yeoman, Thomas Wirepa and Quinn Phelan





## ROTORUA TENNIS CLUB JUNIOR TENNIS

Open day for seniors and high school students Saturday 17th September

**Wednesday Club Coaching** for  
Intermediate students at 4.30pm.  
High school students 5.30pm  
Starts term 4 October 12<sup>th</sup>

**Friday Matches** 4.00-6.00pm.  
Starts October 14th.  
For more information contact Debra  
[physiodeb@hotmail.com](mailto:physiodeb@hotmail.com)  
or 3490255 or 021 335492



In recognition of Mother Teresa being canonised on Sunday 4th September Mrs Anita Mathews' 8DL RE class completed an assignment celebrating the life of Blessed Teresa of Calcutta.

## BRING YOUR OWN DEVICES (BYOD) TO SCHOOL

The John Paul College Board of Trustees has decided to make devices mandatory for all Year 7-9 students in 2017. After considerable research it has been determined that it will be in the best interests of their education.

Parents/caregivers of 2017 Year 7-9 students are invited to a meeting which will be held in the Edmund Rice Centre at JPC on **Tuesday 13 September 2016 at 6 p.m..** The ways in which devices will be used in classes will be outlined. There will be examples of devices that will be suitable for use in 2017.

This is an exciting and necessary development in the learning journey of your children which we hope as partners you will support and encourage.

Any questions please contact Maree Stewart - [maree.stewart@jpc.school.nz](mailto:maree.stewart@jpc.school.nz)



BayTrust operates and funds a Dillon Scholarship which provides financial assistance to people who have significant physical or intellectual disabilities and will be undertaking tertiary education in 2017. The Dillon Scholarship is only open from 1 November up until 18 December each year to receive applications.

For more information go to the BayTrust website [www.baytrust.org.nz](http://www.baytrust.org.nz) or phone 0800 654 546 / 07 578 6546.



# Only one week left to complete the shoeboxes!!!!

## SAMARITAN'S PURSE: OPERATION CHRISTMAS CHILD

Open up a whole new life through the power of a simple gift

*Whose life will your shoe box change this year?*

**FINAL TWO WEEKS TO CONTRIBUTE**

**MAKE A DIFFERENCE TO A CHILD THIS CHRISTMAS**



***If you have been unable to complete your shoebox, please return it to school (we can 'top it up' or 'fill it').***

Alternatively, if you have items to fill shoeboxes or wish to contribute money towards shoebox delivery, please send your donations to Mrs Bloomfield before THIS FRIDAY please

*The JPC 'Christmas Elves and Fairies' look forward to completing this rewarding undertaking so children receiving these gifts 'feel the JPC love' we send to them through your generosity*

Again, this year, we have been humbled by the generosity of the staff, students and their families in creating these shoeboxes of love. A quick stocktake!!!! **we are short of toothbrushes, face cloths, soap, combs, brushes, hair accessories, beanies, caps, jandals, pens, pencils and coloured pencils, stationary.** Remember it is a 'shoe box' gift so please don't send in large items.

Although the boxes are delivered by volunteers there are many expenses incurred (it costs \$9 per box) so all donations of money are equally important.



*Children on Vella La Vella Island receiving boxes in the Solomon Islands*



*This little girl was soooooo proud to have a new T Shirt!*



*A boy in hospital in Honiara, Solomon Islands – has had dental surgery! so the toothbrush will be most useful!*



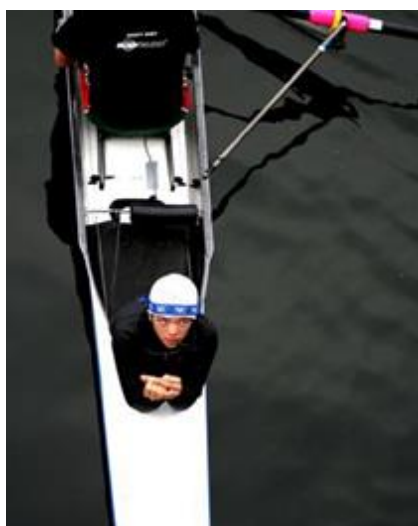
*Little girls in a kindergarten in North West Vietnam – notice the clay floor! The clothes are traditional uniforms they live in every day.*



## ROWING FOR YEAR 7'S AND 8'S

Rotorua Rowing Club offers a Learn To Row program for Intermediate age boys and girls in terms 3 and 4.

The program will run until December 10<sup>th</sup>. There will be two training sessions a week available and you'll be able to attend one day of the club's spring rowing camp at Mangakino on September 10th.



The aim is to give you basic rowing and boat handling skills and have fun.

**Starting:** August 6<sup>th</sup> Just turn up at 9am every Saturday morning from when your winter sport season ends. Sessions end before 11am.

***It's not too late to start***

**Where:** At the Watersports Centre between the Soundshell and Ohinemutu at the Lakefront

**Cost:** \$80 per term or four monthly payments of \$40  
More information about the club (and videos) can be found on our website: [www.rotoruarowing.org.nz](http://www.rotoruarowing.org.nz)

**Getting started:** After you've been to your first open day, then go to our website and fill in the online application form.



## HOUSE OF HORRORS 2016 ~ THE THEME IS 'NIGHT TERRORS'

05 to 08 October

Age restrictions - 7pm ages 8+ and 9pm ages 12+

**TICKETS NOW ON SALE**

\$15 tickets available from the RYC

or <http://rotoruaryouthcentre.org/> for an online discount.

***House Of Horrors sells out every year before the doors even open,***

***so purchase your ticket now to avoid disappointment.***





### **Opportunity for Public Speakers and writers –**

Mental Health Awareness Week (10-16 October 2016)

#### **John Paul College are invited to participate in these events -**

##### **Writing Competition Year 7 and 8's**

No more than 800 words-How connecting with Nature keeps me healthy and happy

No limit on student entries-all entries to be sent to:

Liz Carrington

C/O Lakes District Health Board, Cnr Arawa & Ranolf Streets, Private Bag 3023, Rotorua 3046

Closing date: 26<sup>th</sup> September 2016

##### **Speech Competition Year 9 and 10's**

Subject-Connect with Nature for Better Mental Health and Wellbeing

Speech to be 2-4 minutes long

Up to 2 students to be nominated by the school to participate at the closing ceremony. This will be held Friday 14<sup>th</sup> October 1pm at the Council Chambers, Rotorua Lakes Council.

##### **Speech Competition Year 11, 12 and 13's**

Subject-Connect with Nature for Better Mental Health and Wellbeing

Speech to be 4-6 minutes long

Up to 2 students to be nominated by the school to participate at the closing ceremony. This will be held Friday 14<sup>th</sup> October 1pm at the Council Chambers, Rotorua Lakes Council.

Please see Mrs Thurston as soon as possible if you wish to enter these events.

### **THE NEW ZEALAND CADET FORCE'S ROTORUA DISTRICT CADET UNIT IS RECRUITING NOW!**

Anyone wishing to experience New Zealand Defence Force culture and training is welcome to come down to our Headquarters on Geddes Road, off of Lake Road - Tuesdays 6 - 9pm. The New Zealand Cadet Forces is a NZDF administered youth organisation for ages 13-18 and provides skills which are relevant to both a future military career and civilian life. This is an excellent opportunity for those who are interested in careers with the NZDF to see what it is really about, and to gain skills and life long friends along the way. In addition, we are always looking to expand our adult instructor staff, so anyone who is interested in instructing and leading youth in a military environment should feel free to come down to the Unit. As a community unit, any visits or interest in the Unit is welcome. For more information visit <http://www.cadetforces.mil.nz/>

### **HOCKEY 2016**

The 2016 season for both the secondary and intermediate grades have finished.

The 1<sup>st</sup> X1 girls; and boys' teams finished 4<sup>th</sup> in the A grade competitions. The JPC 2 boys' team were runner up in the Mixed grade and our JPC 2 and JPC 3 girls' teams finished in the top half of their grades. The 1<sup>st</sup> X1 girls' team participated in the Chica Gilmer Trophy in Tauranga during the NZSSSA, Hockey NZ tournament during tournament week and had close games to finish in the second half of the competition. The Year 7 and 8 JPC teams competition finished with their 6 a side Mary Berge Tournament on Friday, 2<sup>nd</sup> September.

- Annabella Martin Trophy B Grade winners were JPC Red
- Mary Berge Closing Day 6 a side Tournament winners were JPC Red
- Mary Berge Closing Day 6 a side runners up were JPC Blue and the JPC Blue were awarded the Fair Play trophy for 2016.

There are still unfortunately outstanding fees that are required to be paid this year!! Please address these asap.

I want to thank the parents/caregivers and community helpers who have given up their time for managing, coaching and supporting our teams on the Tuesday, Thursday nights and Friday, late afternoon to 7pm at night.

Thanks to Oriwa Hepi, coach of the 1<sup>st</sup> X1 girls' team, who has coached for the past five years and Yvonne Piebenga after four years of managing the same team.

***Ms Northey – Teacher in Charge***



## Limited spaces available NOW

### The Treehouse on Ranolf Child Care Centre

141 Ranolf Street

Limited spaces available NOW for 20 Hours free child care for 3-5 year olds  
Spaces also available for 0-3 year old spaces

The Treehouse on Ranolf is a small locally owned childcare environment that provides a home away from home to the children in our care, ensuring they feel secure to explore through play and the environment.

- Nutritious food provided
- Our teachers are friendly, open, experienced and qualified. We are here to support you and your child on their first learning journey.
- Our environment is language rich, homely and natural, the environment provides provocations for children's learning and development through active exploration.
- Fantastic Education Review Office reports
- We have excellent adult: child ratio to ensure connected relationships, learning observations and safety are all provided to the best possible standard.
- We are open all year excluding public holidays

**Ring our friendly teachers now on 07 3485734 or call in and see us**



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\* Figure based on actual balances of current clients at the current NZHL floating interest rate and correct as at 31/03/2016  
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# PARENTS & STUDENTS YOU'RE INVITED!

What's new for 2017? Come along to find out more about our degrees, diplomas, certificates and trades training. Find out more about our study pathways with the University of Waikato and AUT

Meet our Heads of Department and find out if our programmes are right for you, your son or daughter in 2017.

Date: Tuesday 18<sup>th</sup> October

Time: 5.30pm – 7.00pm

Location: The Atrium, H Block, Gate One,  
Waiariki Bay of Plenty Polytechnic, Windermere  
Campus, 70 Windermere Drive, Tauranga

RSVP BY FRIDAY 14<sup>th</sup> OCTOBER

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# Calling All Intermediate and High Schools

**COMPETITIONS !! COMPETITIONS!!**

**PRIZES!!! PRIZES!!!**



**Writing Competition for Intermediate aged students**  
**(Years 7&8) Tell us in 800 words: “How connecting with nature keeps me healthy and happy”**

**Age group-Year 7-8 entries to be sent to: Liz Carrington C/O Lakes District Health Board, Cnr Arawa & Ranolf Streets, Private Bag 3023, Rotorua 3046 Winners will be notified by telephone by 11<sup>th</sup> October and winners will be invited to attend the prize giving at the Council Chambers Friday 14<sup>th</sup> October.**



**Speech Competitions for High School aged students**  
**‘Connect with Nature for Better Mental Health and Wellbeing’**



**Parents and teachers: These competitions are run by Lakes District Health Board**  
**Linkage as part of this year's Mental Health Awareness Week 10-16<sup>th</sup> October 2016.**





## ROTORUA MEDICAL GROUP - NEW PATIENTS WELCOME

Central Health 1181 Amohia Street, Rotorua (next door to Central Pharmacy)  
Fairy Springs Medical Centre 10-100 Fairy Springs Road, Rotorua

We are dedicated to providing affordable, quality healthcare for you and your family. Our team of doctors, nurses and support staff partner with you to manage your health and wellbeing.

We have two modern, convenient sites providing you with the flexibility of location and continuity of care. For added convenience we run a daily Drop in Clinic from Central Health:

Monday to Friday 9.00am to 11.00am and in the afternoon 2.00pm to 4.00pm

Fairy Spring Medical Centre also has a Drop in Clinic: Monday to Friday 9.00am to 11.00am

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# achieve

## Workplace Health

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Contact Sheryl DDI 07 3431952 or 07 3470000

### Health and Safety at Work

If you are an employer you will know that the Health and Safety at work (General Risk and Workplace Management) regulations come into force April 2016

### What does this mean for you?

- **Pre-employment**
  - Inform workers of exposures expected
  - Inform workers of possible health effects
  - Inform workers of health monitoring required
- **Health Monitoring**
  - Frequency
  - Reporting
  - Record Keeping

Our nursing team members are experienced in working successfully with businesses both locally and nationally. We are able to help your organisation or business with workplace practices, improved employee health, reduced absenteeism, reduced injury rates and rapid return to work for employees.

We listen to your needs and tailor our services to be relevant and cost effective to you.

We offer a full range of Occupational Health Services including (but not limited to):

- Breath Alcohol Testing
- Instant Drug Testing to AS/NZ 4308:2008 Standard of Compliance
- Laboratory Drug Testing to AS/NZ4308:2008 Standard of compliance
- Testing to Synthetic THC

