



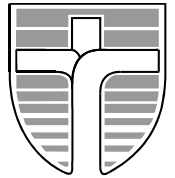
# John Paul College, Rotorua

Whitworth Road, Rotorua. [www.jpc.co.nz](http://www.jpc.co.nz) Ph: 07 3478 795 Fx: 07 3461 271

A WEEKLY NEWSLETTER FOR THE JOHN PAUL COLLEGE COMMUNITY

Term 1, Issue 9

21<sup>st</sup> March 2016



*Ma te pono Me te aroha – Through Faith and Love*

2016 School Theme : *Success is not final, Failure is not fatal.*

*It is the courage to continue that counts ~ Winston Churchill*

Dear Parents/ Caregivers

Kia Ora, Malo e Lelei, Talofa, Greetings

## WINTER SPORTS CODES – VOTE OF THANKS!

I extend a vote of thanks to all parents who have volunteered their time and expertise to support winter codes. We appreciate the professional and personal sacrifice you make to allow our students to excel on the sports field.

We are still in urgent need of parents to help with rugby, soccer, basketball and netball. If you would like to assist please contact our Sports Director, Arthur Faulkner, on [Arthur.faulkner@jpc.school.nz](mailto:Arthur.faulkner@jpc.school.nz)

## PARENT – TEACHER INTERVIEWS: TUESDAY 5<sup>TH</sup> & THURSDAY 7<sup>TH</sup> APRIL

**Please note** that school will be finishing at 2.50pm on these days.

Instructions to make interview appointments will be sent out with the interim reports on Friday 1<sup>st</sup> April. The online booking **system will not be open until** 3pm on this day.

Please bring your child to the interview so that parents, student and teachers are all on the 'same page' with respect to progress and what is yet to be achieved.

## SENIOR STUDENT AIMING HIGH

It is important for you to note that tertiary providers are increasingly lifting the bar in relation to accessing courses and awarding scholarships. The emphasis is not the number of credits achieved but the quality of them. On the basis teachers, Faculty Heads and Deans are encouraging students not only to achieve NCEA but where possible, to 'excellence' and 'endorsement' level. Please support the school in raising expectations.

## REMINDER

Parents are reminded not to remain parked within the school grounds after 5pm, particularly those who are waiting for their children to finish sports practice.

**For security reasons, the gates ARE LOCKED at 5:00pm sharp.**

## EASTER SERVICES

As we approach Easter it is important to remind your children this is the most sacred event on the Catholic and Christian calendar; I would encourage you to take your children to St Mary's or St Michael's churches where they will appreciate the death of Christ on the cross for our sins and the promise Jesus gave us of eternal life.



God bless  
Patrick Walsh  
Principal

Wishing you all a safe and happy Easter. School will be closed from Friday 25<sup>th</sup> March to Wednesday 30<sup>th</sup> March

## BOARD OF TRUSTEES TRIENNIAL ELECTIONS 2016

It is that time again where we will be calling for nominations for five vacancies on the Board of Trustees for parent representatives.

Being a school trustee is an important role that needs people with a range of skills and experiences, who believe in making a positive difference to our children' learning.

**Nomination forms will be sent** to all parents/caregivers by Friday 4<sup>th</sup> May for return by Friday 20<sup>th</sup> May.

**Voting papers will be sent** to all parents/caregivers by Wednesday 25<sup>th</sup> May.

**Votes will be counted** on Thursday 9<sup>th</sup> June and new Trustees will take office on Friday 10<sup>th</sup> June.

For more information please go to [www.trustee-election.co.nz](http://www.trustee-election.co.nz)

Elizabeth Lock  
Returning Officer

### UNIFORM SHOP

OPEN MONDAYS/WEDNESDAYS/FRIDAYS

8a.m to 4.p.m

CLOSED 11.30a.m-12.30p.m

Mrs C Constable - Uniform Shop Manager

E: [Carolyn.constable@jpc.school.nz](mailto:Carolyn.constable@jpc.school.nz)

Track your child's progress this year

## KAMAR PORTAL

(accessed through [www.jpc.co.nz](http://www.jpc.co.nz))

Please make contact with Mrs Rowles,

[sue.rowles@jpc.school.nz](mailto:sue.rowles@jpc.school.nz)

for details to access your child's portal

## School photo catch up day Thursday 24<sup>th</sup> from 8.30a.m

### FUNDRAISER

**"BE WARM THIS WINTER"**

**FIREWOOD FOR SALE**



The JPC 1st XV have 2.5 (approx) cubic metre trailer loads available for \$150. All funds raised will go towards their trip to the Gold Coast to play in the Rugby Carnival in July

Contact Richard Haigh 021 773 444

The JPC PTA are gearing up for the winter uniform 2<sup>nd</sup> Hand Sale  
If you have, & wish to donate, any winter uniforms that wont fit this year, please leave at the public reception.



The next sales will be Thursdays April 7<sup>th</sup> & 14<sup>th</sup> – 3.30 – 4.30pm

At the Mckillop Campus, Kahu Street

### ENROLMENT APPLICATIONS FOR 2017

are now being accepted

Download forms from [www.jpc.co.nz](http://www.jpc.co.nz) or

Collect one from the public reception

### OPEN NIGHT

Thursday June 16<sup>th</sup> 5.00-7.00pm

[Sue.rowles@jpc.school.nz](mailto:Sue.rowles@jpc.school.nz)

### 2016 CALENDAR OF EVENTS TERM 1

#### March

- 24 Holy Thursday Liturgy
- 25-29<sup>th</sup> Easter Weekend
- 30 Yr 13 Refugee Centre Trip Auckland
- 31 BOP Lawn Bowls Rotorua

#### April

- 1 NZSS Maadi Cup
- NISS Athletics Auckland
- Interim Reports Issued
- 5 NZSS Waka Ama Champs
- Caritas Challenge Day
- Parent/Teacher Interviews
- 7 NZSS U15/U19 Rugby 7s Tauranga
- Parent/Teacher Interview
- 8 Teacher only day – school closed**
- 9 Regional Shakespeare Festival
- 12-23 China Trip
- 12 Yr 7/8 BOP Swim Champs Rotorua
- 13 Yr9-13 BOP Swim Champs Whakatane
- 15 End of Term 1

### ➤ ➤ PARENT HELP WANTED ◀ ◀



For Year 12 camp, Finlay Park, Cambridge 10<sup>th</sup>-13<sup>th</sup> May

Part or full week

Parent supervisors urgently needed to ensure camp goes ahead

Contact Sherry Brewer – Year 12 Dean

E: [sherry.brewer@jpc.school.nz](mailto:sherry.brewer@jpc.school.nz)

### EASTER SERVICES TIMETABLE

Holy Thursday- the Last Supper 7.00 pm St Mary's

Good Friday 3.00 pm at St Mary's and St Michael's

Saturday- Easter Vigil 7.30 pm at St Mary's

EASTER SUNDAY 8.00 am St Michael's - St

Mary's 10.00 am and 5.00 pm

## GOLF NEWS

Each Monday over the last month the JPC golf team have been playing in the Rotorua Zone Pennant Golf Tournament. These matches against the other Rotorua high schools were played around the local golf courses after school. The JPC team, Tobias Bodenmann, Ella Campbell, Harry Healing and Jayme Martin, won the zone stage of the competition which took them through to the Bay of Plenty Pennant Finals.

This was a full-day event at Otumoetai Golf Course on Monday 14 March. On the day Tobias had a very good result with a three-over-par gross score earning 38 stableford points, and Harry did well to earn 36 points.

Overall the team had a middle of the field total result, so were out of the prizes. However, it was a grand day and the team's effort and spirit was good to watch, well done.

Graham Strachan – TiC Golf E: [graham.strachan@jpc.school.nz](mailto:graham.strachan@jpc.school.nz)



*Jayme Martin on the 4<sup>th</sup> at Otumoetai G.C.*



**Congratulations to Gisele Howard**, Year 7, who competed in the Waikato Bay Of Plenty Athletics Championships on Saturday March 12<sup>th</sup> in Tauranga.

Results were:

Gold Medal in Discus

Bronze Medal in High Jump

Bronze Medal in 1500mtrs

Finalist 6th place in Long Jump

**Well done!!**

**Congratulations to Ariana Mitchell-Witehira** who competed in the Taekwondo NZ Open, and won gold in the Poomsae Class, which is a series of defence and attack motions done individually on the mat.

The event which was held at the Energy Events Centre over the weekend and attended by 400 athletes, some from Australia, Tonga and New Caledonia.

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## CLAYTARGET NEWS

Four new shooters attended the first competition shoot of the Auckland/Waikato Secondary School Programme at Auckland Met last week.

The squad did very well, coming 3<sup>rd</sup> overall with a score of 274/300. Bayley came 10<sup>th</sup> with a score of 85/90, new shooter, Dillon Tillemans, came 2<sup>nd</sup> with a score of 83/90 and Luke Veltman, 3<sup>rd</sup> with a score of 82/90.



*From left: Luke Veltman, Liam Shorland, Bayley Austin, Cian Hinton, Dillon Tillemans, Daniel Tillemans*

## RUGBY NEWS

The U15 Rugby team have a preseason game on Saturday 2nd April at Western Heights at 10a.m.



**Supporters are welcome**

## CRICKET NEWS



JPC 1st XI 117 for 10 lost to Taupo Combined Schools 188 for 6  
**Batting** Harrison Hill; Nathan Gapes 17; Connor Scott-Moore 13

**Bowling** James Dender 3 for 30; Connor Scott-Moore 2 for 26; Matthew Dender 1 for 22.

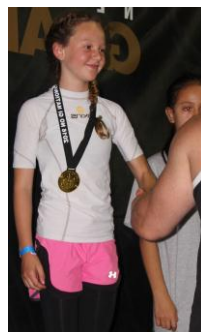
*This was the last competition game for the year.*

**SPANISH BOOKS  
ARE NOW FOR SALE AT THE UNIFORM SHOP \$10**

## NETBALL NEWS

Training's for the following teams:  
Year 8 A/B Squad 3:15pm Tuesday  
Senior A & Development Team 4pm Thursdays  
Year 9A Every Monday & Thursday 3:15pm  
Year 7A/B Tuesday 3:15pm  
Year 8 C Wednesday 3.15-4.30pm  
Year 9 B Monday 3:15pm & Friday at lunch time on the turf.  
Year 7D Training on Thursday afternoon on the turf at 3:15pm.  
Training's will be held on the turf, Please wear appropriate foot wear and clothing to train in and take a drink bottle. All other Teams will be notified in the notices ASAP when coaches have confirmed a training day.  
Mrs Natasha Rogers – Teacher in Charge  
E: [Natasha.rogers@jpc.school.nz](mailto:Natasha.rogers@jpc.school.nz)

**Congratulations to Milan (Year 9) and Reeve (Year 7) Hildreth** who competed in the No Gi Nationals on Saturday for Brazillian Jujitsu in Auckland. Milan won the gold medal in her weight division against one other girl; best of three fights won the title and Reeve got the bronze in his division. Well done to Milan and Reeve who have only been doing this sport since mid-2015.



## ROWING NEWS

The JPC team of 22 rowers competed at the North Island Secondary Schools Regatta from 18-20 March 2016.

We had a very successful regatta with 6 crews making A Finals, 1 making a B Final and 2 making C Finals.

An A Final puts the crew in the top 8 in the North Island for that event.

The Under 15 Boys double crew of Lachlan Crean and Jason Nel won a silver medal. They are coached by Mike Power. The

Under 15 Boys quad crew of Lachlan Crean, Jason Nel, Angus Hunter, Jacob Stubbing and Obie Buchanan (Coxswain) won the bronze medal. They are coached by Fiona Bassett.

Congratulations to these boys and their coaches. The rowers are very grateful for the support of their parents and coaches and wish to say a big thank you to them.

JPC wishes the team well for the NZ Secondary Schools Regatta (MAADI) which will be rowed in Twizel in the first week of April.



## SCHOOL PHOTOS

School photos were taken on Friday 18<sup>th</sup> March and will be available to view and order OnLine with PhotoLife Studios. Each child was photographed separately.

Your son or daughter will be given an OnLine slip with their unique Photo Shoot Key when we receive them from PhotoLife. This Shoot Key will display all the photographs of your child. It is then an easy process for you to shop on-line and purchase the photographs you want. If you do not want to order online, envelopes will be available at the Student counter.

Sibling photos will also be given a shoot code for viewing and ordering on line.

If you place your order within three weeks of receiving your Shoot Key you will receive free delivery for your photo orders. PhotoLife has agreed to dispatch all the orders back to the school and your child will bring their photographs home.

Any orders placed after this three week period will be sent directly to your specified delivery address and will incur a \$6.00 Postage & Packing charge. You will see this message when you go Online to view and order your photographs.

Catch up date 24<sup>th</sup> March. Any questions please contact Maree Stewart ([maree.stewart@jpc.school.nz](mailto:maree.stewart@jpc.school.nz)) or Gene Rigney ([gene.rigney@jpc.school.nz](mailto:gene.rigney@jpc.school.nz))

## JOHN PAUL COLLEGE TOP SCHOOL AT RATS DUATHLON

1<sup>st</sup> Boy: Cameron Beck. 2<sup>nd</sup> Boy: Will Florence.  
 1<sup>st</sup> Girl: Hannah Gapes. 2<sup>nd</sup> Girl: Jenna Hastings. 3<sup>rd</sup> Girl Gisele Howard  
 1<sup>st</sup> Team Haylea MacCormick and Kaitlyn Lamb

21 students competed at Rats Duathlon, 80% of the team finishing in the top 10.



**A big thank you to the parents who braved the weather and came along to support our students.**



NB: Pictures herein are indicative only and not proposed as 'preferred' brands

## THANK YOU TO THOSE FAMILIES WHO HAVE SUPPLIED FOOD FOR THE FOOD BANK

We are still collecting tinned soups, tinned tomatoes, breakfast cereals, pasta, rice and cooking oil

If families wish to support the food bank please send items to school with your children and I will ensure they are passed on. We accept items throughout the year for distribution.

Mrs G Cook E: [Gillian.cook@jpc.school.nz](mailto:Gillian.cook@jpc.school.nz)



**The Young Vinnies are collecting** used, general greeting cards and Christmas cards for the sick, elderly and imprisoned, which we make and deliver all year round. Please bring all of your unwanted or discarded 2015 Christmas cards plus any birthday or celebration cards to school for remaking into 'new' cards. We also welcome stickers and decorations for the cards.

## **SOCCER NEWS**

### **JUNIOR SOCCER - COACHES AND MANAGERS NEEDED**

Approximately 130 students have signed up for junior weekend soccer this year, making up a total of eleven teams - the most we have ever had. If your child signed up for soccer, but has now decided not to play, could you let me know as soon as possible, as fees will be incurred otherwise.

However, in order for these teams to go ahead, we need coaches and managers to look after the students.

I already have coaches for the 12th/13th Grade JPC Heroes and JPC Saints; and the 14th/15th Grade JPC Jets, but need coaches for the other teams.

Therefore coaches are needed for the 12th/13th Grade:

JPC Falcons                  JPC Hawks                  JPC Jaguars                  JPC Lions                  JPC Wildcats

In the 14th/15th Grade:

JPC Eagles                  JPC Harriers                  JPC Kestrels

If your child is in any of these teams and you think you could help out, please contact me by e-mail [stephen.bloomfield@jpc.school.nz](mailto:stephen.bloomfield@jpc.school.nz)

### **Stephen Bloomfield**

*Teacher in Charge*

### **SENIOR SOCCER REPORT**

The JPC 1<sup>st</sup> 11 squad for 2016 began its quest to qualify for this year's secondary schools national first division championship by competing in a preseason tournament over the last weekend.

The annual Geyser pre-season tournament for Northern Region Secondary Schools is played in Rotorua every March. JPC played 7 games over 2 and a half days and were very unlucky not to make the tournament final, only missing out on goal difference after a narrow loss to rivals WHHS at the end of day two.

The loss meant JPC went into the play off for 3/4 and the prize was a rematch against Heights on finals day. With JPC's Nathan Monne back from senior football duties the lads took the match to Heights and Monne proved too much to handle as he inspired his JPC side to a resounding 4 to 0 victory.

Scorers for JPC were Monne, Ryan Heath and two "super subs" in Daniel Sherman and Fraser Horne. Goal Keeper, Jacob Kitson, was outstanding all tournament and he was voted the teams MVP by the tournament organisers.

The tournament was a great opportunity for team management to look at the wider squad with 20 players being used over the three days. Team Management would like to thank players Jack Elvy, Scotty Yi, and James Greentree for answering late calls to join the squad as injuries and absences took their toll. The positive response and contribution from these players showed great school spirit.

The squad will reform in the first week of term two to prepare for the National tournament qualification games against the very best 1st XI's from around the Waikato /BOP region.

***Denis Marriner (Manager), Dave Watt (Coach), Richard Quinlan (Coach)***

### **CHINA TRIP 2016 FINAL MEETING**

Final meeting for parents and students on Wednesday 30 March - 5.30pm in RSC1  
(first Wednesday after Easter)

It is important that at least one parent/caregiver of each student travelling to China attends this meeting please.

There is a lot of information to be given out at this meeting, as well as travel documents, passports and hoodies.

Please contact me if you have any questions in the meantime.

**Minka Webb - 347 8795 extn 8848**

**E: [minka.webb@jpc.school.nz](mailto:minka.webb@jpc.school.nz)**

## MID ISLANDS ATHLETICS RESULTS.

### Juniors:

Emma Brown: 2<sup>nd</sup> 100m. 2<sup>nd</sup> 300m.  
Renee Dudson: 3<sup>rd</sup> 100m. 2<sup>nd</sup> 200m. 1<sup>st</sup> Long Jump  
Kieran Davidson: 3<sup>rd</sup> 300m  
Madison Mitchell: 2<sup>nd</sup> 1500m. 2<sup>nd</sup> 3000m.  
Millie Kissling-Hemsworth: 1<sup>st</sup> 300m. 1<sup>st</sup> 1500m.  
Briet Leggett-Hilmarsdottir: 3<sup>rd</sup> Discus. 3<sup>rd</sup> Javelin.  
Jnr Girls Relay team: 1<sup>st</sup> :Emma Brown, Renee Dudson, Millie Kissling-Hemsworth, Kieran Davidson.

### Intermediate:

Julie Jacobs: 3<sup>rd</sup> 100m. 2<sup>nd</sup> 200m.  
Millie Webby: 3<sup>rd</sup> 400m  
Hana Stubbing: 3<sup>rd</sup> 800m.  
Ellen Fleming: 2<sup>nd</sup> 1500m  
Te Mania Whata: 2<sup>nd</sup> High Jump

### Seniors:

Sophie Moore: 3<sup>rd</sup> 100m. 2<sup>nd</sup> 200m.  
Melkorka Leggett-Hilmarsdottir: 1<sup>st</sup> Javelin.

### Juniors:

Benjamin Keaney: 1<sup>st</sup> 1500m  
Logan Nathan: 1<sup>st</sup> Long Jump. 3<sup>rd</sup> 300m  
Jacob Stubbing: 2<sup>nd</sup> 300m. 1<sup>st</sup> 800m.

### Intermediates:

Cullen Smith: 1<sup>st</sup> 400m.  
Haydn Bengé: 2<sup>nd</sup> 400m.  
Nathan Gapes: 1<sup>st</sup> 3000m

### Seniors:

Alec Johnson: 2<sup>nd</sup> 100m. 2<sup>nd</sup> 200m. 1<sup>st</sup> Discus.  
Keegan Pepper: 2<sup>nd</sup> 800m.  
Joshua Gapes: 1<sup>st</sup> 1500m. 1<sup>st</sup> 3000m.  
Gus Dube: 1<sup>st</sup> Long Jump. 2<sup>nd</sup> Triple Jump.



All the above students qualified for Waikato Bay of Plenty Championships in Hamilton, which was held on Saturday.

From these Championships a WAIBOP team is selected to compete at North Island Championships in Auckland, this will be announced next week.

## **FROM THE CAREERS OFFICE**

### **NEW ZEALAND COLLEGE OF CHIROPRACTIC**

The New Zealand College of Chiropractic will be holding its Open Day on Saturday the 14th May.

Registration: 12.30-1.00pm Start: 1.00pm Finish: 3.30pm

Location: New Zealand College of Chiropractic  
6 Harrison Road, Mt Wellington, Auckland

To reserve a place: [admissions.assist@nzchiro.co.nz](mailto:admissions.assist@nzchiro.co.nz)

Or for more information contact 09 526 6789 [www.chiropractic.ac.nz](http://www.chiropractic.ac.nz)

Mrs Hewitson. E: [Sheryl.hewitson@jpc.school.nz](mailto:Sheryl.hewitson@jpc.school.nz)

## INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)

All students are invited to enter the ICAS competitions listed in the table below. Students benefit greatly from the challenges provided in these assessments and the feedback that is provided by the markers is informative and helpful. ICAS Science, English, and Mathematics are compulsory for all students in Enrichment classes (10TC, 9BC and 8PR). Payment slips can be collected from the student counter and **full payment needs to be made by Thursday 24<sup>th</sup> March 2016**

Peter Sinclair  
DP Curriculum

E: [peter.sinclair@jpc.school.nz](mailto:peter.sinclair@jpc.school.nz)

| ICAS Competition     | Cost    | Competition Date                | Level | Tick |
|----------------------|---------|---------------------------------|-------|------|
| Digital Technologies | \$8.50  | Tuesday 17 <sup>th</sup> May    | 7-11  |      |
| Science*             | \$8.50  | Tuesday 31 <sup>st</sup> May    | 7-13  |      |
| Writing              | \$19.50 | Monday 13 <sup>th</sup> June    | 7-13  |      |
| Spelling             | \$10.50 | Wednesday 15 <sup>th</sup> June | 7-8   |      |
| English*             | \$8.50  | Tuesday 2 <sup>nd</sup> August  | 7-13  |      |
| Mathematics*         | \$8.50  | Tuesday 16 <sup>th</sup> August | 7-13  |      |
| <b>Total</b>         |         |                                 |       |      |

**\* Compulsory for Year 8-10 Enrichment classes.**

Student Name: \_\_\_\_\_ Class: \_\_\_\_\_

## 2016 STUDY PASS PACKS

Dear Parent/Guardian

We have a limited number of the NEW 2016 NCEA study packs listed in the table below through John Paul College at a reduced price of \$20 **this term**. **Limited numbers available at this price.**

Please complete this order form and return with payment to Mrs Boyce in the accounts office. She will then give you a receipt to take to Mrs Wright, where you can collect your study guide from.

|                          | Study Pack<br>Notes + revision<br>guide (\$20) | TEACHER |
|--------------------------|--|---------|
| NCEA level 1 Mathematics |  |         |
| NCEA level 1 Science     |  |         |
| NCEA level 2 Chemistry   |  |         |
| NCEA level 2 Physics     |  |         |
| NCEA level 2 Mathematics |  |         |
| NCEA level 3 Calculus    |  |         |
| <b>TOTAL</b>             |  |         |

Lara Cordoni  
Mathematics Faculty

Conny Ludascher  
Science Faculty

Student Name: \_\_\_\_\_ Class: \_\_\_\_\_



## CARITAS

This year in April, All Catholic School in NZ will be raising funds Caritas Aotearoa the NZ Bishop's agency for Peace, Justice and Development. This year the country we will be supporting is Cambodia.

John Paul College is honoured to be selected by Caritas, to be lead school for the Caritas Challenge launch for the Hamilton Diocese.

Our Challenge event this year will be a sponsored Pilgrimage (3.7 km walk) and will begin with Mass at St Michael's Church, on 5 April, celebrated by Bishop Steve Lowe. There will be students from other Catholic schools in the Diocese joining us.

Each student who takes part will agree to raise sponsorship for their walk. There will be a \$10 registration fee and the students are welcome to raise more than this if they wish. We can only take a limited number on the walk but hope to take 300-400 students to represent the college. Registration (with \$10 ) will begin on Tuesday 22 March and the first 400 students will take part.

I am looking forward to a successful day, where we will raise awareness for those living in poverty in Cambodia and funds to help Caritas with their development programmes in Cambodia.

As we are anticipating a large number of students to be involved with this event I am asking if some parents would like to be involved by walking with us, to help us get the students safely across the roads etc. Please contact me if you can help. [veronica.aislabie@jpc.school.nz](mailto:veronica.aislabie@jpc.school.nz)

God Bless,

**Veronica Aislabie** - Assistant Director of Religious Studies / Teacher in Charge Caritas



Heart Foundation

# FRITTATA MUFFINS

**You need** \$0.81 per serve as at Oct 2015

- Cooking oil spray
- 4 eggs
- ½ cup lite milk
- ½ cup Edam cheese
- 410g can corn kernels, drained
- 100g tomato, chopped
- 1 spring onion, chopped
- 1 cup mushroom, chopped
- 2 cloves garlic

**Method**

1. Spray muffin tins with oil. Preheat oven to 180°C.
2. Whisk eggs and milk in a large bowl to blend well
3. Stir in cheese, corn, tomato, mushroom, spring onion and garlic
4. Fill prepared muffin cups with egg mixture.
5. Bake for about 8-10 minutes or until egg mixture puffs and is just set in the centre

[www.fuelled4life.org.nz](http://www.fuelled4life.org.nz)

## HOCKEY TRAININGS

### Trainings for this week

#### Yr 7/8 Hockey

Wednesday, 23rd March, 5.00pm - 6.30pm N.B. Change in time.

#### 1st X1 Girls

Tuesday, 22nd March, 5.00pm – 6.30pm

#### Other secondary girls teams.

Thursday, 24th March, 4.00pm – 5.30pm

#### 1st X1 and 2nd X1 secondary boys.

No training this week due to Easter Friday

### Trainings for the week, following Easter and for the rest of this term are as listed below

#### Yr 7/8 Hockey.

Wednesdays, 4.30pm – 6.00pm

1st X1 Girls to check with their coach, Oriwa Hapi, whether training on the Easter Tuesday, 29th March and remain on the Tuesdays, 5.00pm – 6.30pm

Other secondary girls teams to be confirmed

#### 1st X1/ 2nd Secondary Boys

Fridays, 4.00 – 5.30pm

## REACH 900+ EMAIL ADDRESSES ON OUR DATABASE

Contact [sue.rowles@jpc.school.nz](mailto:sue.rowles@jpc.school.nz) in the first instance, then an invoice will be issued by the JPC PTA.

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BA/LLB. DIRECTOR

P: 07 343 1224 | E: [catriona@lavalaw.co.nz](mailto:catriona@lavalaw.co.nz)  
Level 1, 1144 Pukaki Street, Rotorua  
PO Box 1233, Rotorua 3040



## ADVERTISE YOUR BUSINESS HERE FOR \$5 PER WEEK



**Central Kids Helen Downer Kindergarten**  
18 Pretoria Street  
Rotorua—3481576

**Free Kindergarten Promotion**  
**Tell your friends**

We have vacancies for 2 years olds to School Age children

- 5 days a week—8.45am to 2.45pm
- Limited spaces, be in quick
- To qualify for **FREE SESSIONS** attendance must be full time.

**Please call us if you have any queries.**

### ROTORUA MEDICAL GROUP - NEW PATIENTS WELCOME

Central Health 1181 Amohia Street, Rotorua (next door to Central Pharmacy)  
Fairy Springs Medical Centre 10-100 Fairy Springs Road, Rotorua

We are dedicated to providing affordable, quality healthcare for you and your family.

Our team of doctors, nurses and support staff partner with you to manage your health and wellbeing.

We have two modern, convenient sites providing you with the flexibility of location and continuity of care.

For added convenience we run a daily Drop in Clinic from Central Health:

Monday to Friday 9.00am to 11.00am and in the afternoon 2.00pm to 4.00pm

Fairy Spring Medical Centre also has a Drop in Clinic: Monday to Friday 9.00am to 11.00am

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